

## UPDATE FROM THE CITY OF SEAL BEACH –March 19, 2020

### Office on Aging –Senior Meals – Meals on Wheels

- The City and County received a directive from the Office on Aging requesting that all congregate meals be delivered directly to participants in order to keep seniors in their homes. At this time, the City is passing out frozen meals in place of congregate meals that participants can take home and consume. We will distribute frozen meals that can be used for multiple days. On March 19, the City will receive another shipment of frozen meals for distribution. This delivery will consist of packages of 4 meals that will be distributed to each participant. To meet the directive from the Office on Aging, the City and Meals on Wheels staff will be contacting each registered participant to offer delivery of these meals to their home. We plan to fully implement this change by our next food delivery date of Tuesday, March 24. The meal package delivered on Tuesday, March 24 will consist of 5 meals. From that point forward, meals will only be delivered to the City once per week for those who traditionally participate in the congregate meals program. In addition to offering meals delivered to the home, Meals on Wheels will supply the City with additional shelf ready meals that can be stored at the North Seal Beach Center (3333 St. Cloud Drive) and picked up in person Monday through Friday. Staff will also store additional meals at the Seal Beach Senior Center (707 Electric Avenue) and can distribute those to any resident who needs them upon request.
- If any person who has not participated in Senior Meals in the past would like to be added to the program they can go to the North Seal Beach Center from 9-1PM on Monday through Friday to fill out an intake form. This requirement only needs to be completed one time. Once the intake form has been submitted staff can begin delivering frozen shelf ready meals. Also, if the person does not want deliveries to their home, they can send someone to pick the meals up at the North Seal Beach Center in their place.