

PRESS RELEASE



City of Seal Beach
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Seal Beach Meals on Wheels Program

SEAL BEACH, CA. – On April 7, the Seal Beach Recreation Department Meals on Wheels team delivered approximately 100 free meals to Seal Beach senior citizens.

During the COVID-19 pandemic, the Seal Beach the Meals on Wheels program has become the lifeline to many seniors by being the sole source of free meal delivery in Seal Beach. For homebound individuals 60+ years of age who are unable to shop and/or prepare meals for themselves, the City of Seal Beach delivers three meals directly to their home: breakfast items, a cold lunch, and a frozen dinner. These meals, which provide 100% of the U.S Nutritional Recommended Dietary Allowance, are available five days per week at no cost to the community.

“This program is a testament to the incredible commitment of our staff team which provide the highest level of essential and vital services to our community in need during a major crisis,” said Seal Beach City Manager Jill Ingram.

For more information about this program, please contact Seal Beach Recreation Manager Tim Kelsey at (562) 431-2527 ext. 1341 or tkelsey@sealbeachca.gov. For updated information on the City’s response to the Coronavirus (COVID-19) pandemic, visit the City of Seal Beach website at www.sealbeachca.gov.

Attached is a photograph of the Meals on Wheels team. From left to right: David Nett, Community Services Coordinator; Kevin Ortiz, Recreation Coordinator; Anthony Nguyen, Recreation Coordinator; Kyle Jackson, Recreation Specialist; Saul Martinez, Recreation Coordinator; and Grant Tavasci, Public Works Admin. Not pictured but regularly supporting the Meals on Wheels program is Luis Quintero, Recreation Specialist.

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