Community Emergency Response Training (CERT)

The City of Seal Beach, the Seal Beach Police Department, and the West County CERT team will be hosting a free Community Emergency Response Team (CERT) training class.

CERT educates people in disaster preparedness for events that may impact their area and provides basic disaster response skills. Using the training, CERT members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help. CERT members are encouraged to support emergency response agencies by taking a more active role in projects in their community.

The 20-hour FEMA-approved course includes training in Disaster Preparedness, Medical Operations, Light Search and Rescue, Fire Suppression, Team Organization and Disaster Psychology.

West County CERT is comprised of those who live and/or work in Buena Park, Cypress, La Palma, Los Alamitos, Seal Beach and Westminster plus their attached communities.

Visit the CERT website at [www.westcountycert.com](http://www.westcountycert.com) for more information.

### 2018 Basic CERT Class Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday, March 16</td>
<td>6:00 PM to 9:00 PM</td>
<td>Joint Forces Training Base Building 244 11200 Lexington Drive Los Alamitos, CA 90720</td>
</tr>
<tr>
<td>Saturday, March 17</td>
<td>8:00 AM to 5:00 PM</td>
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<tr>
<td>Friday, March 23</td>
<td>6:00 PM to 9:00 PM</td>
<td></td>
</tr>
<tr>
<td>Saturday, March 24</td>
<td>8:00 AM to 5:00 PM</td>
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Registration: Email [WestCountyCertAcademy@gmail.com](mailto:WestCountyCertAcademy@gmail.com) or call (714) 229-6625
Roof Repair Project Underway

The Roof Repair Project is currently working on roofs on both the Mary Wilson Library and City Hall Clock Tower. The work involves repairs and replacement of decking, waterproofing materials and tiles where needed. Tiles are reused where applicable in order to save cost, build in a manner that is environmentally friendly, and maintain the current look of the roof.

Working with the library and its patrons, heavier work is addressed before business hours and on days the library is closed in order to maintain a suitable atmosphere inside. Other facilities receiving roof repairs are the Police Station, Public Works Yard, and West End Pump Station. All are at substantial completion. Work is on schedule for this project and is expected to be near completion by the end of February. Seen clockwise from above, workers are installing the roofing paper on the Clock Tower, and tiles are being laid out for placement at the library.
Creating Your Home Escape Plan

Did you know that a fire can double in size every minute? Every second counts during a fire. Create and practice a home escape plan so you and your family can get out quickly if the smoke alarms sound.

Plan Ahead
- Make a home escape plan showing two ways out of every room. Discuss the plan with everyone in your home.
- Choose an outside meeting place in front of your home and a safe distance from your home.
- Practice your escape plan at least twice a year. During your drills, practice escaping from different exits. Teach children to escape on their own.
- Make sure someone is assigned to assist small children, older adults, or family members with disabilities.

Respond Safely if Fire Occurs
- Smoke and heat rise, so if a smoke alarm sounds “Stay Low and Go!” Close doors behind you to slow the spread of fire.
- Test doors before you open them. Use the back of your hand to determine if a door is hot. If the door seems warm, don’t open it. Use your secondary exit to escape. Once you’re out, “Stay Out!” and go to your family’s meeting place.
- Call 911 once you are safely outside.

If Trapped by Fire
- Close the door between you and the fire.
- Use towels, blankets, or clothing to seal door cracks and help prevent smoke from entering the room.
- Call 911 and tell the dispatcher where you are in the home.
- Signal for help from a window when firefighters arrive.

For more information visit our website at OCFA.ORG or find us on Facebook and Twitter.