

Shoreline



City of Seal Beach Classes and Activities • Summer 2015

100 YEARS OF

SURF, SUN & FUN



City of Seal Beach

211 8th Street, Seal Beach, CA 90740 • (562) 431-2527

CITY COUNCIL

City Council meetings are open to the public and are held at City Hall on the second and fourth Monday of each month at 7 p.m.

Mayor	Ellery Deaton, District 1
Mayor Pro Tem	David Sloan, District 2
Council Member	Mike Varipapa, District 3
Council Member	Gary Miller, District 4
Council Member	Sandra Massa-Lavitt, District 5

CITY STAFF

City Manager	Jill Ingram
Assistant City Manager	Patrick Gallegos
Acting City Clerk	Tina Knapp
Chief of Police	Joseph Stilinovich
Director of Community Development/ Community Services	Jim Basham
Director of Finance/City Treasurer	Victoria Beatley
Director of Public Works	Sean Crumby
Marine Safety Chief	Joe Bailey

COMMUNITY SERVICES STAFF

Recreation Manager	Tim Kelsey, ext. 1341
Comm. Services Coordinator	Dana Engstrom, ext. 1306
PT Recreation Coordinator	Kevin Ortiz, ext. 1307
PT Recreation Coordinator	Jessica Jacobs, ext. 1344
PT Recreation Coordinator	David Nett, ext. 1339

RECREATION COMMISSIONERS

District 1	Roslyn Bennett
District 2	Lauren Sosenko
District 3	Rita Hayes
District 4	Schelly Sustarsic
District 5	Christine Bittner

MUNICIPAL MEETINGS

Council Meeting

7:00pm; 2nd & 4th Monday per month

Planning Commission

7:00pm; 1st & 3rd Monday per month

Environmental Quality Control Board

As Needed

Recreation Commission

6:00pm; 4th Wednesday/month

January, February, March, April, May, June,
September, October, November

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HOLIDAY CLOSURES

Memorial Day - May 25

Labor Day - September 7



City News

City of Seal Beach



Summer 2015

A Message from the City Manager's Office



City Manager **Jill R. Ingram**

“Our past has created who we are today. As we continue to celebrate our Centennial, keep in mind the significant accomplishments of those pioneers who preceded us, as well as those who will reside in Seal Beach in the future.”

We are in the midst of our centennial year and already we have had the opportunity to honor the past, celebrate the present, and imagine the future of our fine city. The Centennial Committee has been hard at work, delivering events that bring us together and highlight all the progress Seal Beach has made over the course of our 100 years of incorporation.

I am proud to work in a city that has such a remarkable history and so many diverse landmarks with rich stories to tell. From our initial founding, to the building of City Hall, to the building of our pier, our community today is based upon the efforts, determination and perseverance of those who came before us. Our past has created who we are today. As we continue to celebrate our Centennial, keep in mind the significant accomplishments of those pioneers who preceded us, as well as those who will reside in Seal Beach in the future.

Our city now has become home to over 24,000 residents, and has been called one of the most desirable and friendliest places to live in the country. Earning that reputation has taken a lot of hard work and commitment to a vision of what could be. We are a compassionate, committed community with strong schools, a healthy business climate, beautiful neigh-

borhoods and extraordinary individuals, all of which combine to weave the fabric of Seal Beach in the present.

As we continue our Centennial events, honor the past and celebrate how far we've come as a community, we also look to the future. What do we - - as a community - - want for Seal Beach? How do we take some lessons of the past and apply them to a vision of the future? Our ancestors were resourceful. They were community-oriented and protective of our limited natural resources. They shopped locally and supported the businesses serving the community. Let's continue that tradition and share these values with our neighbors.

Let us make this year a time to reflect, celebrate, learn and continue charting a course for our healthy future. I am honored to be a part of this wonderful city as it celebrates its Centennial and am committed to continuing to serve Seal Beach as we move into the next 100 years.

Wishing you all the best this summer and the rest of the Centennial year!

Jill R. Ingram
City Manager



Seal Beach Centennial Commemorative Bricks

Seal Beach Centennial Commemorative Brick Opportunity

Help celebrate 100 years of Seal Beach with your very own piece of Seal Beach! This special fundraising effort will help fund the Seal Beach Centennial Celebrations and leave beautifully

engraved brick spaces for future generations to enjoy. Buy one brick for \$100 or buy one in each Seal Beach Centennial location for \$300. One thousand bricks sold per site. Proposed sites:

- Old Town Pier
- Edison Park
- College Park East
- Leisure World
- Marina Park

Yes, I would like to help!

Name: _____

Address: _____

Phone Number: _____ E-mail address: _____

I would like to help by purchasing: A brick in all five Seal Beach Centennial locations (\$300)

A brick in the following Seal Beach Centennial location(s) (\$100 each):

Old Town Pier Edison Park Marina Park College Park East Leisure World

Please print what you would like on your brick(s) with no more than 18 characters/line and no more than three lines:

Limited Space per site, submit no later than May 1st, 2015.

Please make checks payable to: City of Seal Beach (Centennial) and mail or deliver to: City Hall

Attn: Centennial Treasurer, 211 Eighth Street, Seal Beach, CA 90740

Tax ID# 95-6000794

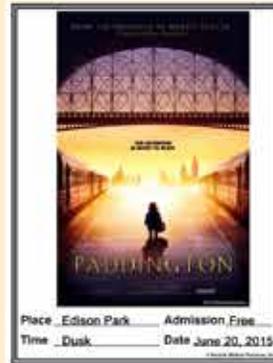
Need more information?

Contact Scott Weir, chairman at (562) 773-8099 or scottweir@roadrunner.com

Laura Ellsworth at (562) 708-9428 or laura@companybooks.com

www.SealBeach100.com

Seal Beach Centennial *Movies in the Park



*Other Centennial Highlights

JUNE 14 - POOL PARTY & BBQ – McGAUGH - Swim, play and relax in the sun & pool. BBQ lunch will be served and there is no charge. Noon to 4pm.

AUGUST 22 - BEACH PARTY & BBQ – 8th St. - Play volleyball, build sand castles, ride the waves and enjoy great BBQ as we celebrate our city's 100th birthday on the beach. 8th Street parking lot. No charge. 11am to 4pm.

SEPTEMBER 20 - TENNIS TOURNAMENT – SBTC - All levels of play from beginner to super advanced are invited to sign up for this fun 'crazy mixed-up doubles' round robin tournament. 1pm to 5pm.

OCTOBER 10 - CENTENNIAL GALA DINNER / DANCE – ORCC - What's better than dinner and dancing at the beautiful Old Ranch Country Club, overlooking the lake at the 1st tee with fellow Seal Beach residents & friends? Join us for this special evening with a favorite musical group that will get you going on the dance floor and a great meal at the club. 5pm reception, dinner and entertainment to follow. Tickets must be purchased in advance.

OCTOBER 24 - JOY ZONE CARNIVAL - The local street fair from your childhood is coming to Seal Beach to celebrate our founding month in October. Ride amazing rides, play fun games, listen and dance to the many bands, enjoy great food, get your face painted and have a fun day in Old Town Seal Beach. 11am to 4pm.

OCTOBER 24 - CENTENNIAL CELEBRATION IN THE SKY - Magical bursts of colors and designs will highlight the sky over our famous pier as we sing happy birthday to our beloved city. Join us for what will be a memorable and spectacular fireworks display. Bus service will be available for Leisure World and College Park East residents. The fun starts at dusk. No charge.

OCTOBER 27 - CITY HALL OPEN HOUSE & BIRTHDAY CAKE

Come meet your city hall management and staff, see and hear what they do and join in for the official birthday cake on our city's official birthday. Noon to 2pm. No charge.

*Events are subject to change.

■ CLUBS & ORGANIZATIONS

Animal Care Center	562-430-4993
American Youth Soccer (AYSO)	www.ayso159.org
Beach Cities LaCrosse	714-719-6470
CPENA	sealbeachcpena@hotmail.com
Chamber of Commerce	General Info: 562-799-0179 www.sealbeachchamber.org
Food Finders	Patti Larson – 562-598-3003
Friends of the Mary Wilson Library	Tom Blackman – 562-431-7415
Girl Scouts of Orange County	949-461-8800
Historical Society Red Car Museum	562-430-1450
International Friendship Assoc.	Claire Yeh – 562-431-5414
Interval House – Women’s Shelter	562-594-9492
League of Women Voters	Marilyn DeWitt – 562-431-7575
Los Al/Seal Beach Football	LosALFNL.com
LOTE Volunteer Organization	Barbara Barton – 562-596-3497
McGaugh School PTA	Isabelle McFadden – 562-596-1199
MOMS Club of Seal Beach	Veronica Vallejo – 562-493-0543 www.momsclubofsb.org
Moms Club of Seal Beach-Old Town	www.momscluboldtown.com
Republican Women’s Club	Phyllis Steiner – 714-826-7022
R.O.C.K. Raising Our Celiac Kids	Christie Scales – 562-799-2060
Rotary Club of Seal Beach & Los Alamitos	Patricia Efkenzai – 562-431-9400
Run Seal Beach	RunSealBeach.com
Save Our Beach	www.saveourbeach.org
Seal Beach Arts & Crafts Faire	belinda www.sealbeachartsandcrafts.com
Seal Beach Beauty Pageant	Rosie Ritchie – 562-810-0078
Seal Beach Lions Club	Scott Newton – 562-537-3955
Seal Beach Leo Club	Scott Newton – 562-537-3955
Seal Beach Pony Baseball	www.sbpony.com
Seal Beach TV 3 Community Access	562-596-1404
Seal Beach Swim Club	562-430-1092
Seal Beach Speech Bums Toastmasters	Ed Smith – 714-996-5864 edlosmith@roadrunner.com
Seal Beach Volleyball Club	714-504-6326 www.sealbeachvolleyballclub.com
Seal Beach Wildlife Refuge	562-598-1024
Surfrider Foundation	Mike Balchin – 562-397-3658 mebahh2o@msn.com
Special Olympics So California-OC	Jimmy Wong – 714-564-8374
Trees for Seal Beach	714-235-0880
Woman’s Club of Seal Beach	Judy O’Neil 562-598-0718

■ TRASH

Consolidated Disposal	(800) 299- 4898 www.consolidateddisposal.com
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■ STREET SWEEPING

R.F. Dickson	(800) 573-3222
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■ SEAL BEACH WATER BILLING

Water Billing	(562) 431-2527 x1309
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■ CITY & GOVERNMENT OFFICES

Seal Beach City Hall	562-431-2527
Community Services Office	General Info: 562-431-2527, ext 1344
Los Al Unified School District	562-799-4700
McGaugh School Office	562-799-4560
Police Dept, non-emergency	562-799-4100
SB Lifeguard Headquarters	562-430-2613
SB Com Pool @ McGaugh School	562-430-9612
Community Senior Serv	Senior lunch program: 562-430-6079
Senior Transportation (SB ONLY)	562-439-3699
Main Post Office (Westminster)	562-596-5546
Leisure World	562-431-6586
Fire Main Line	714-573-6000
Fire Information	714-573-6200

■ RECREATION & COMMUNITY SERVICES

Los Alamitos Recreation	562-430-1073
Los Alamitos Youth Center	562-493-4043
Rossmoor Comm. Services Dist	562-430-3707

■ LIBRARIES

Leisure World Library	562-431-1611
Mary Wilson Library	562-431-3584
Rossmoor/Los Alamitos Library	562-430-1048

■ PRESCHOOL

Growing Tree	562-430-2434
Sun N Fun	562-430-4384
Seal Beach Playgroup	562-594-0066

■ LOCAL NEWS

Seal Beach TV 3 (Community Access)	562-596-1404
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■ COMMUNITY SERVICES DEPARTMENT

Hours of Operation	Monday-Friday; 8am - 5pm Closed Daily 12-1pm
Address	211 8th Street, Seal Beach, CA 90740 (562) 431-2527

Ext. 1307 – Community Gardens, Adult Sports, General Information and Classes

Ext. 1306 – Brochure/Classes and Instructors

Ext. 1341 – Athletic Fields, Aquatics, Swim Lessons, Gym Reservations, Film Permits and Seal Beach Tennis Center

Ext. 1339 – Facility/Park Rentals and Special Event Permits

Ext. 1344 – General Information, Brochure/Classes and Instructors



City of Seal Beach- Community Services



SealBeachRec

Back cover material provided by Larry Strawther



**July - August
Summer Concert Series 2015**

6-8 p.m. • Eisenhower Park

July 1st – Flashpants (80's)

July 8th – Highway 91 (Country/Classic Rock)

July 15th – Chris Anderson Band (Blues/Rock)

July 22nd – Gregg Young and the 2nd Street Band

July 29th – Abbey Road (Beatles Tribute)

Aug 5th – The Fabulous Nomads (Surf Rock)

Aug 12th – Elm Street Band (Retro/Classic Rock)

Aug 19th – L.A.Vation (U2 Tribute)

The Chamber, along with individual band sponsors have made these events free to the public. The concerts will run every Wednesday evening from 6 to 8 p.m. starting July 1 through August 19 at Eisenhower Park next to the Seal Beach Pier. In order to ensure there is enough space for all residents to enjoy the concerts, please do not set unattended chairs or any other items to reserve spots until after 4 p.m. All chairs and items that are in the park before 4 p.m. must be accompanied at all times. If left unattended, your belongings will be picked up and held at the chamber booth for pickup and your space will be forfeited. Please contact the Seal Beach Chamber of Commerce at (562) 799-0179 for additional information.

July 18-19

Seal Beach Lions Fish Fry

Saturday, July 18 • 11 a.m.-7 p.m.

Sunday, July 19 • 11 a.m.-6 p.m.

Eisenhower Park

The Seal Beach Lions Community Fish Fry takes place in Eisenhower Park by the pier on July 18 and 19. Fish and Chips will sizzle along with bratwurst, jumbo hot dogs and other great foods. What started 71 years ago as a celebration of the local harvest, is now the longest running event in Seal Beach. Local bands will play continuously throughout the weekend for the many locals and visitors who come out to support the Lions in their effort to improve our community and help the needy. There is no charge to attend this iconic Seal Beach event hosted by the Seal Beach Lions Club. For additional information, check out the Lions website: www.sealbeachlions.org.

August 4

National Night Out

6 p.m. • Target Town Center
12300 Seal Beach Blvd.



National Night Out is a designated evening when communities across America come together to take a stand against crime, drugs and disorder in their neighborhoods. This year, August 4th, 2015, is National Night Out (NNO) and the Seal Beach Police Department will again be partnering with members of the community to affirm our conviction against crime, disorder and to promote personal preparedness.

At Eisenhower Park, on August 4, 2015, the Seal Beach Police Department along with Seal Beach Marine Safety, Community Services, and Public Works Departments along with Target Stores, bring you a night of information, interaction with public safety, and fun.

Join us this year to participate in the "Leaving porch lights on" campaign and a National Night Out Neighborhood walk. These events will be planned by the neighborhoods themselves, with the support and encouragement of the police department, contact 562-799-4100.



June 13

**Seal Beach 46th Annual
Rough Water Swim**

6:30 a.m. - Check-in begins

Seal Beach pier at Eisenhower Park

Everyone is welcome! Race distances consist of a 3-mile, 1-mile, and kid's swim with distances based upon age. For additional event information, please contact Maria Fattal at (562)430-1092 or visit www.sealbeachswimclub.org.

FUN FACT

Seal Beach hosted the nation's first "surf-board" competition in 1914 at the annual Minnesota Days Picnic.





Build It Workspace Summer Camps



Build It Workspace, 4478 Cerritos Ave

Open Make sessions will also be available in the afternoons from 1-4pm where participants will have access to some of our tools and machine for open making. Materials fee may be required. For more information and class descriptions, visit register.sealbeachca.gov.

Laser-Cut Toys

313083-01	1 week	Mon-Fri	7/6-7/10	9am-12pm	12+ yrs	\$200
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Summer Innovation Camp

313084-01	1 week	Mon-Fri	7/6-7/10	1-4pm	12+ yrs	\$200
313084-02	1 week	Mon-Fri	7/13-7/17	1-4pm	12+ yrs	\$200
313084-03	1 week	Mon-Fri	7/27-7/31	1-4pm	12+ yrs	\$200
313084-04	1 week	Mon-Fri	8/3-8/7	1-4pm	12+ yrs	\$200
313084-05	1 week	Mon-Fri	8/10-8/14	1-4pm	12+ yrs	\$200

3D Design in Fusion 360

313085-01	1 week	Mon-Fri	7/13-7/17	9am-12pm	Grades 9-12	\$200
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Build Your Own 3D Printer Camp

313086-01	1 week	Mon-Fri	7/27-7/31	9am-12pm	12+ yrs	\$200
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Sewing + Electronic = Wearable Tech

313087-01	1 week	Mon-Fri	8/3-8/7	9am-12pm	12+ yrs	\$200
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Introduction to Programming

313088-01	1 week	Mon-Fri	8/10-8/14	9am-12pm	8+ yrs	\$200
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Anne Pennypacker's Dance Camps

Hip Hop Dance Camp

Anne Pennypacker

Marina Community Center - Large Room, 151 Marina Dr

High energy, pumping music and tons of fun! This camp will not only get everyone dancing to upbeat (and appropriate) music, but we'll throw down mats and do some tumbling too. We'll make our own Breakin' Funky T-Shirts to perform in at weeks end! \$15 material fee payable to instructor at first class.

327043-01	1 week	Mon-Fri	7/6-7/10	9:30am-12pm	5-12 yrs	\$138
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Fashion Friends

Anne Pennypacker

Marina Community Center - Large Room, 151 Marina Dr

Bring your best friends and make new friends at this stylish week long fashion extravaganza! We'll explore decades of fashion history, perform a runway inspired dance, design our own look books and create fashionable totes to put them in. We'll sketch amazing fashions and make friendship bracelets to rock at the couture show at camps end. \$15 material fee payable to instructor on the first day of camp.

327054-01	4 Days	Tue-Fri	7/7-7/10	12-2:30pm	5-12 yrs	\$118
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Enchanted Princess Camp

Anne Pennypacker

Marina Community Center - Large Room, 151 Marina Dr

Come dream of far off lands, enchanted forests full of unicorns and fairies where fairytales do exist. Princesses will sing, dance, and create magical costumes to wear for the happy ending- our ENCHANTING SHOW at camp's end! \$15 material fee payable to instructor on the first day of camp.

327049-01	1 week	Mon-Fri	7/27-7/31	9:30-11am	4-7 yrs	\$118
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See Page 20 for information on the Recreation Scholarship Program

Circus Gymnastics!



Anne Pennypacker
Marina Community Center - Large Room
151 Marina Dr

Come one, come all! The circus has come to town! See the animals and clowns tumble and play as this fun camp gets underway. With balancing acts, rhythmic gymnastics, hula hoops, tumbling floor shows and more, this camp is non-stop! We'll create costumes for a performance at camp's end- It will be the greatest show on earth! \$15 material fee payable to instructor on the first day of camp.

327055-01 4 Days Tue-Fri 7/21-7/24 12-2pm 5-10 yrs \$118

Rockstar Popstar

Anne Pennypacker
Marina Community Center - Large Room
151 Marina Dr

C-mon boy & girls, it's time to party like a rockstar! We will learn lyrics and hip hop dance moves to our favorite pop songs and be stars! At weeks end, we'll costume up and put on a concert not to be missed! \$15 material fee payable to instructor on the first day of camp.

327046-01 1 week Mon-Fri 7/20-7/24 9:30am-12pm 5-12 yrs \$138



Cheerdance & Tumble Camp

Anne Pennypacker
Marina Community Center - Large Room
151 Marina Dr

Rah Rah Rah! We will rock! Ya Ya Ya, and take it to the top- in this non-stop cheer camp! Cheerleaders will learn popular cheers, do a cheer dance routine, learn cheerleader motions of pon poms and baton. We will make a rockin' tee and perform at camps end. \$15 material fee payable to instructor on the first day of camp.

327050-01 1 week Mon-Fri 7/27-7/31 11am-1pm 5-10 yrs \$138

Minions & Monsters Camp



Anne Pennypacker
Marina Community Center - Large Room
151 Marina Dr

Enrolling all minions and monsters now! We'll create our own minions, monster masks and do a hip hop inspired dance to perform at camp's end. Rarr! \$15 material fee payable to instructor on the first day of camp.

327051-01 4 Days Tue-Fri 7/28-7/31 1-3pm 4-8 yrs \$118

Perfect Pixie



Anne Pennypacker
Marina Community Center - Large Room, 151 Marina Dr

Do you believe? With a sprinkle of pixie dust we'll journey to a fantasy land where fairies dance the days away. From flower fairies to secret garden games, every day will be a magical new adventure. We will create our own pixie dust and fairy wings to wear for our special show at camp's end. \$15 material fee payable to instructor on the first day of camp.

327053-01 1 week Mon-Fri 8/3-8/7 9:30-11am 4-7 yrs \$118

Superhero Gymnastics Camp

Anne Pennypacker
Marina Community Center - Large Room, 151 Marina Dr

Boys & Girls! Run Fast! Jump High! Leap Far! Join Miss Anne in an action packed gymnastics camp. "Superheroes" will learn tumbling skills & create their own super-powered costumes! \$15 material fee payable to instructor on the first day of camp.

327048-01 1 week Mon-Fri 8/3-8/7 11am-1pm 4-7 yrs \$138

Musical Madness!

Anne Pennypacker
Marina Community Center - Large Room, 151 Marina Dr

Casting singers, actors, performers! Gear up for a week of exploring theatre and the art of mastering a performance. Students will dance with props, hold auditions, create costumes and more! Curtains open at weeks end for a show not to be missed! \$15 material fee payable to instructor on the first day of camp.

327052-01 1 week Mon-Fri 8/3-8/7 1-3pm 5-12 yrs \$138

Edutainment Art Camps

Sand Castle Building

Edutainment Arts Staff
1st Street Beach, 1st St @ Ocean Ave

Playing in the sand by the water building castles, humans, mermaids, and other sea creatures. Learn the techniques experts use to create these marvelous works of sand art. Break up the building with fun beach games, like beach soccer, dodge ball, and tug of war. Enjoy the beach and love your summer experience. Bring your sun screen for a summer you'll always remember.

323159-01 1 week Mon-Fri 7/6-7/10 8-11am 6-10 yrs \$150

323159-02 1 week Mon-Fri 8/3-8/7 8-11am 6-10 yrs \$150



Hunger Games

Edutainment Arts Staff

Marina Community Center - Large Room, 151 Marina Dr

The Hunger Games, but without the violence. Send your tributes to compete and see who will survive as the victor of daily competitions. As they go through training campers will learn survival skills, archery, shelter making, and team work when they join in the fun of the animal Hunger Games.

323165-01 1 week Mon-Fri 6/22-6/26 9am-12pm 8-13 yrs \$150

Wipe Out Game Show Training

Edutainment Arts Staff

Marina Community Center - Large Room, 151 Marina Dr

Prepare for challenges of endurance and agility by tackling obstacle courses designed by the campers for campers. Challenge your mind and come together as a team with scavenger hunts and puzzles. Gear up for personality interviews to get on the shows. Get your groups ready to take on a massive challenge at the end of the week. GPS Challenges, Photo Hunts, Water Fights...Get ready! Get Silly! And have fun! Caution- you will definitely get wet!

323161-01 1 week Mon-Fri 6/22-6/26 12:30-3:30pm 8-13 yrs \$150

Top Chef

Edutainment Arts Staff

Campers will learn food handling skills and hygiene and then learn how to make several delicious and fun dishes. Crafts and games are used to keep the cooking fun. Our restaurant is open at the end of the week for family and friends. (2 guests per student enrolled allowed at the final days meal.) \$15 material fee payable to instructor at first day of camp.

Marina Community Center - Large Room, 151 Marina Dr

323162-01 1 week Mon-Fri 7/13-7/17 9am-12pm 7-12 yrs \$150

Fire Station #48 - Community Room, 3131 N. Gate Rd

323162-02 1 week Mon-Fri 8/3-8/7 9am-12pm 7-12 yrs \$150

Zombie Survival

Edutainment Arts Staff

Arnold Cypress Park

8611 Watson Street

Where will you be when the zombies take over? Learn survival skills in a fun interactive camp. Team work and wilderness skills will be required to compete against the walking dead in many games, challenges, and activities. Even the CDC believes in Zombie Preparedness. If you're prepared for Zombies, you'll be prepared for anything. Will you survive or become a zombie?

323169-01 1 week Mon-Fri 7/27-7/31 9am-12pm 6-12 yrs \$150

Fort Building

Edutainment Arts Staff

Each day new forts will be made out of different whacky materials: from card castles to bamboo huts. Work together to overcome obstacles and challenges impossible to do alone. Teams will compete for best fort, team work, sportsmanship, and enjoy a massive water fight fort against fort.

Seal Beach Tennis Center, 3900 Lampson Ave.

323168-01 1 week Mon-Fri 7/27-7/31 12:30-3:30pm 6-12 yrs \$150

Arnold Cypress Park, 8611 Watson Street

323168-02 1 week Mon-Fri 7/20-7/24 9am-12pm 6-12 yrs \$150

Star Wars

Edutainment Arts Staff

It's Jedi Training Time at Camp! Learn to use the force and how to operate a Lightsaber. Campers will build a Jedi Costume, be issued a practice saber, and taught the positive aspects of being a Jedi. Basic stage combat will be taught for safe sparing. Yoga will help us get in tune with the force. Crafts will build our Jedi arsenal. And Jedi games and competitions will be held to help strengthen our commitment to the force.

Heather Park, Heather St & Lampson Ave

323167-01 1 week Mon-Fri 7/6-7/10 9am-12pm 6-10 yrs \$150

Seal Beach Tennis Center, 3900 Lampson Ave

323167-02 1 week Mon-Fri 7/27-7/31 9am-12pm 6-10 yrs \$150

OC Mad Science Camps



Crazy Chemworks

O.C. Mad Science

Marina Community Center - Small Room, 151 Marina Dr

Come and discover what it's like to be a real scientist and work in a Mad Science Lab. Each day we will experiment with different chemicals and tools to see what kind of interesting and crazy reactions we can create! Students will explore acids and bases. Reveal the secret recipe of slime, examine crystallization, and probe through shifting states of matter, and much, much more. By the end of the week the Jr. Mad Scientists will have their very own chemistry set so they can perform their own experiments at home! \$30 materials fee due the first day of class.

327204-01 1 week Mon-Fri 6/22-6/26 9am-12pm 5-12 yrs \$145

Rockin' Rockets

O.C. Mad Science

Marina Community Center - Small Room, 151 Marina Dr

Aerodynamics and Motion are the stars of this fun-filled week! Design and build everything from kites to planes to ROCKETS! Experiment with different propulsion systems as you use your new knowledge to blast off, track and recover all kinds of Flying Machinery! Have a rockin' good time at this rocket camp! \$30 materials fee due the first day of class.

327201-01 1 week Mon-Fri 7/27-7/31 1-4pm 5-12 yrs \$145

Science in Action

O.C. Mad Science

Marina Community Center - Large Room, 151 Marina Dr

Take a walk on the wild side, kids will have fun with hands-on experiments that will increase their understanding of our Earth and animals! They will learn how animals are camouflaged and go on the hunt for scents and tracks and discover what adversely affects our planet as we explore conservation. Take apart owl pellets to see what birds of prey can digest, build a birdhouse and experiment with inertia and gravity as you learn how they work together to help you enjoy your favorite sports. \$30 materials fee due the first day of class.

327205-01 1 week Mon-Fri 8/10-8/14 9am-12pm 5-12 yrs \$145



NASA Jr. Astronauts

O.C. Mad Science

Marina Community Center - Large Room, 151 Marina Dr

Join our Academy of Future Space Explorers as you prepare to explore the galaxy. Build your own model rocket, race a balloon rocket, and then see the real thing - a rocket launch up to 300 ft. in the air! Make a take home your own comet, Shuttle Copter, glow-in-the-dark Bread Dipper and much more. Use teamwork to complete an important space mission. Travel to the end of the rainbow and make a sunset. This NASA camp is 'Out of this World!'! \$30 materials fee due the first day of class.

327200-01 1 week Mon-Fri 8/17-8/21 9am-12pm 5-12 yrs \$145

Little Scientist Pre-School Lab

O.C. Mad Science

Marina Community Center - Small Room, 151 Marina Dr

Investigate the science of nature with this fun summer camp for the youngest of scientists. Cultivate your interest in life science as you learn about insects, weather, plants and soil. Experience fun, hands-on experiments in this week long lab. Parent participation not required. Must be potty trained. \$25 materials fee is due the first day of class.

327202-01 1 week Mon-Thu 6/29-7/2 9am-12pm 3-5 yrs \$120

Robots 101

O.C. Mad Science

Marina Community Center - Large Room, 151 Marina Dr

I am a RO-BOT! Join us for a week of FUN with amazing robots! Learn about the uses of robots in our world and spend time experimenting with super cool robots that can sense sound, follow patterns, even play soccer! Discover the science of circuitry and how robots use sensors to explore the things around them. Use your skills to build your very own working robot to take home with you! \$30 materials fee due the first day of class.

327203-01 1 week Mon-Fri 7/13-7/17 12:30-3:30pm 8-12 yrs \$155

MSI: Forensics

O.C. Mad Science

Marina Community Center - Small Room, 151 Marina Dr

Mad Science Investigators: Focus on the science of Forensics in this hands-on look at crime scenes. Identify and collect evidence, from fingerprints to tracks to trash! Recreate the scene of a crime using clues and detailed observations. Campers will use science to connect the dots and help sniff out the suspects in this hands-on investigation into the science of sleuthing. \$30 materials fee is due the first day of class.

327206-01 1 week Mon-Fri 7/27-7/31 9am-12pm 5-12 yrs \$145



Take the Stage Productions Camps



Camp Stage Play

Take the Stage Productions Staff
Marina Community Center - Small Room
151 Marina Dr



Do you love dressing up in fun costumes, using your imagination to be transported to exotic places, and being in the spot light? Then Camp Stage Play is for you! Campers will use their voices, bodies, imagination, costumes and props, to learn theater acting techniques and step into the spotlight, as they become fun story-book characters. All while having so much fun performing that they won't even know they are building skills in public speaking, creative thinking, reading comprehension, and confidence! Campers should bring a lunch/ snack and water. \$20 material fee payable to instructor at first class.

Pirates & Fairies

323021-01 1 week Mon-Fri 7/6-7/10 9am-12pm 4-6 yrs \$179

Dr. Seuss

323021-02 1 week Mon-Fri 8/10-8/14 9am-12pm 4-6 yrs \$179

Disney Favorites

323021-03 1 week Mon-Fri 7/13-7/17 9am-12pm 4-6 yrs \$179

Charlotte's Web

323021-04 1 week Mon-Fri 7/6-7/10 1-4pm 7-12 yrs \$179

My Fair Lady

323021-05 1 week Mon-Fri 7/13-7/17 1-4pm 7-12 yrs \$179

Camp Broadway Star

Take the Stage Productions Staff
Marina Community Center - Small Room
151 Marina Dr



Act, Sing, Dance and explore the world of Broadway in this fun musical theater camp! Campers will build valuable musical theater performance skills, craft props & scenery, play theater games and create fun characters all while working together to perform a final showcase on the last day! Campers will be expected to practice lines and songs at home. Bring a lunch/ snack & water. \$20 material fee payable to instructor on the first day of camp.

Aladdin

323020-01 1 week Mon-Fri 8/3-8/7 9am-12pm 4-6 yrs \$179

323020-03 1 week Mon-Fri 8/3-8/7 1-4pm 7-12 yrs \$179

101 Dalmatians

323020-02 1 week Mon-Fri 7/20-7/24 9am-12pm 4-6 yrs \$179

Sound of Music

323020-04 1 week Mon-Fri 7/20-7/24 1-4pm 7-12 yrs \$179

Singers Solo Workshop

Take the Stage Productions Staff
Marina Community Center - Small Room, 151 Marina Dr

This workshop is designed for all who wish to sing in front of an audience as a solo artist or lead singer. Scared? Don't be. This encouraging environment is welcoming to singers of all levels and backgrounds. Students will build skills in reading & understanding sheet music, ear, & pitch training, vocal technique & presentation - with a focus on how to connect with your audience and sell your song through performance. Recital on the last day of camp. \$20 material fee payable to instructor on the first day of camp.

323022-01 1 week Mon-Fri 8/10-8/14 1-3pm 7-12yrs \$130



Pirate and Superhero Cartoon Workshop

Young Rembrandts Staff
Seal Beach Tennis Center, 3900 Lampson Ave

AHOY MATES! Join us as we explore the world of pirates with new drawing adventures! Pirates, treasure maps, sunken treasures, parrots, a grand pirate ship and more will inspire us as we draw, using cartoon and realistic drawing techniques. Students will also learn to draw their own comic book superhero. Each day we will complete several drawings while we explore a variety of characters. We will learn to draw the basic muscular superhero body and adapt it to the character of our choice. We will learn to draw action and movement while we complete the scenes around our superheroes, using pencils, markers, and Sharpies. Our collection of drawings will be impressive!

323154-01 1 week Mon-Fri 7/20-7/24 9am-12pm 6-12 yrs \$198



Young Rembrandts Camps



Fashion Runway Workshop

Young Rembrandts Staff
Seal Beach Tennis Center
3900 Lampson Ave

This stylish Young Rembrandts workshop is tailored for the aspiring fashionista. Join us for 5 days of runway chic as we illustrate the various aspects of fashion design. Step into the shoes of a fashion magazine editor as you design and draw an eye-catching fashion magazine cover. And let's not forget about the purses! Design the perfect purse to go along with the outfit of your dreams. And finally, draw your model stepping out onto the runway in your fashion originals. If you love to design clothes and are hip to the latest fashions, this drawing workshop is a perfect fit.

323152-01 1 week Mon-Fri 7/13-7/17 9am-12pm 6-12 yrs \$198



Fashion Runway 'Tween Style

Young Rembrandts Staff
Seal Beach Tennis Center, 900 Lampson Ave

Join us for 5 days of fashion design and drawing, layering and styling tons of dazzling accessories. The perfect workshop for the fashionista in your family! Students will learn to draw portraits, figures and tons of the latest 'tween fashion trends. Hurry and enroll now, this favorite workshop fills up fast!

323155-01 1 week Mon-Fri 7/20-7/24 12:30-3:30pm 6-12 yrs \$198



Anime Cartoon Workshop

Young Rembrandts Staff
Seal Beach Tennis Center
3900 Lampson Ave

Come explore the world of Anime with young Rembrandts! We will spend four days learning about the drawing cartoons in the Anime style. We will learn to create our own original Anime characters. We will use a variety of facial expressions and action and movement to illustrate our scenes. On the final day, we will pull from what we already learned to draw a large comic book type scene in Anime style.



323153-01 1 week Mon-Fri 7/13-7/17 12:30-3:30pm 6-12 yrs \$198

IncrediFlix Camps

Discounted registrations fee and lunch supervision provided for those who register for a full day of IncrediFlix camps! Check out www.IncrediFlix.com for examples! All students will receive a professionally edited copy of the camps work! Please make production fee payable to IncrediFlix.

Minecraft Flix

Incrediflix Inc.
Seal Beach Tennis Center, 3900 Lampson Ave

You love Minecraft! Let your imagination be your guide as you turn the popular video game into an exciting Minecraft world made out of paper. Using stop-motion animation you will bring Steve, the creepers, animals and more to life. Students will write, storyboard, shoot, and add voice-over in age appropriate groups. *Flix downloadable within a month after camp ends. \$30 production fee payable to the instructor due first day of camp.

327210-01 1 week Mon-Fri 7/6-7/10 9am-12pm 7-13 yrs \$157

Animation Flix

Incrediflix Inc.
Seal Beach Tennis Center, 3900 Lampson Ave

Each day you'll use a new style of stop-motion, combining favorites from the past with new styles, making this camp different each year! It's the ultimate arts and crafts camp where students create, direct, and film their movies in age-appropriate groups. *Flix downloadable within a month after camp ends. \$30 production fee payable to the instructor due first day of camp.

327211-01 1 week Mon-Fri 7/6-7/10 1-4pm 7-13 yrs \$157

Minecraft & Animation Flix Combo

Incrediflix Inc.
Seal Beach Tennis Center, 3900 Lampson Ave

10% discount and lunch supervision provided for those who register for a full day of IncrediFlix camps! Please bring your own sack lunch. \$60 production fee payable to the instructor due first day of camp.

327212-01 1 week Mon-Fri 7/6-7/10 9am-4pm 7-13 yrs \$281

Action Flix

Incrediflix Inc.
Seal Beach Tennis Center, 3900 Lampson Ave

POW! BANG! BOOM! You'll get to use a green screen, camera tricks and special effects to create your own live-action action movie. Students will collaborate to write, act, and direct in this action packed camp where kids will be taught fake punches and kicks to thrill the audience. *Flix downloadable within a month after camp ends. \$30 production fee payable to the instructor due first day of camp.

327213-01 1 week Mon-Fri 8/10-8/14 9am-12pm 7-13 yrs \$157

Imagination Flix

Incrediflix Inc., Seal Beach Tennis Center, 3900 Lampson Ave

Take your characters underwater, to a volcano, or even to outer space! In this exciting stop-motion animation camp, there are no limits to where your imagination can take you. You'll brainstorm, create your own clay characters (that you keep), choose the backgrounds, film your movies using a green screen, and add voice-overs, while working in age-appropriate groups. *Flix downloadable within a month after camp ends. \$30 production fee payable to the instructor due first day of camp.

327214-01 1 week Mon-Fri 8/10-8/14 1-4pm 7-13 yrs \$157

Action & Imagination Flix Combo

Incrediflix Inc., Seal Beach Tennis Center, 3900 Lampson Ave

10% discount and lunch supervision provided for those who register for a full day of IncrediFlix camps! Please bring your own sack lunch. \$60 production fee payable to the instructor due first day of camp.

327215-01 1 week Mon-Fri 8/10-8/14 9am-4pm 7-13 yrs \$281



Play-Well Teknologies Camps



Mine, Craft Build Adventure Game using LEGO®



Play-Well Teknologies
Marina Community Center- Large Room, 151 Marina Dr.

Bring Minecraft to life using LEGO! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, and use these resources to build special items to help in our adventures! Build a Zoo, create a Medieval Castle, and design a Tree House Village! This LEGO experience is an original game designed by Play-Well instructors inspired by the popular game, Minecraft. Students will have a blast, even without any prior experience with Minecraft or LEGO.

313050-01 1 week Mon-Fri 6/15-6/19 9am-12pm 5-7 yrs \$189

Mine, Craft, Build Survival Game using LEGO®



Play-Well Teknologies
Marina Community Center- Large Room, 151 Marina Dr.

Bring Minecraft to life using LEGO! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, craft tools, and watch out for Creepers! This ultimate LEGO Minecraft experience is an original game designed by Play-Well instructors, using gameplay elements and characters inspired by the popular Minecraft video game. Students will have a blast, even without any prior experience with Minecraft or LEGO.

313051-01 1 week Mon-Fri 6/15-6/19 1-4pm 8-12 yrs \$189

PRE-Engineering using LEGO®

Play-Well Teknologies
Marina Community Center- Small Room, 151 Marina Dr.

Let your imagination run wild with tens of thousands of LEGO®! Build engineer-designed projects such as boats, bridges, mazes and motorized cars, and use special pieces to create your own unique design! Explore the endless creative possibilities of the LEGO® building system with the guidance of an experienced Play-Well instructor.

313055-01 1 week Mon-Fri 8/17-8/21 9am-12pm 5-7 yrs \$189

Engineering FUNdamentals using LEGO®

Play-Well Teknologies
Marina Community Center- Small Room, 151 Marina Dr.

Power up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

313056-01 1 week Mon-Fri 8/17-8/21 1-4pm 8-12 yrs \$189

Long Beach Marine Institute Camps



Looking for a fun, exciting AND educational camp for summer 2015? Sign up for our Ocean Adventure Camp this summer and experience a unique hands-on approach to marine science. Each week has a different ocean related theme and is filled with projects, crafts and aquatic fun designed to promote ocean sciences and conservation. Campers will enjoy weekly field trips, kayaking, an expedition on our research vessel Challenger and much, much more!

Squirmy, Slimy & Spineless!

Long Beach Marine Institute
Boy Scout Sea Explorer Base, 5875 Appian Way

Venture into the land of invertebrates, no backbone required! These amazing animals include more than 98% of all animal species! See first-hand how an octopus changes color and texture to avoid predators while exploring local tide pools. Discover how sea urchins and sea anemones live in a constantly changing habitat, with dangers lurking around every corner! This week is filled with exciting crafts, activities and field trips to keep campers excited and engaged. Read all the details at LBMI website: www.longbeachmarine.org

327223-01	1 week	Mon-Fri	6/15-6/19	9am-3pm	5-7 yrs	\$205
327223-02	1 week	Mon-Fri	6/15-6/19	9am-3pm	8-9 yrs	\$205
327223-03	1 week	Mon-Fri	6/15-6/19	9am-3pm	10-12 yrs	\$205
327223-04	1 week	Mon-Fri	7/20-7/24	9am-3pm	5-7 yrs	\$205
327223-05	1 week	Mon-Fri	7/20-7/24	9am-3pm	8-9 yrs	\$205
327223-06	1 week	Mon-Fri	7/20-7/24	9am-3pm	10-12 yrs	\$205

Whales Tales & Mammal Friends

Long Beach Marine Institute
Boy Scout Sea Explorer Base, 5875 Appian Way

Journey with a gray whale as it travels 10,000 miles along the coast! This week will focus on some of the most magnificent animals that live in our oceans: marine mammals and marine plankton. Campers will learn all about plankton, whales, dolphins, seals and sea lions. In each session, campers will get a hands-on look at marine invertebrates collected on our excursion aboard the R/V CHALLENGER. We will also be on the lookout for local marine mammals that may be hanging out in the Long Beach Harbor. Read all the details at LBMI website: www.longbeachmarine.org

327222-01	1 week	Mon-Fri	6/22-6/26	9am-3pm	5-7 yrs	\$205
327222-02	1 week	Mon-Fri	6/22-6/26	9am-3pm	8-9 yrs	\$205
327222-03	1 week	Mon-Fri	6/22-6/26	9am-3pm	10-12 yrs	\$205
327222-04	1 week	Mon-Fri	7/27-7/31	9am-3pm	5-7 yrs	\$205
327222-05	1 week	Mon-Fri	7/27-7/31	9am-3pm	8-9 yrs	\$205
327222-06	1 week	Mon-Fri	7/27-7/31	9am-3pm	10-12 yrs	\$205

Mysteries of the Deep

Long Beach Marine Institute
Boy Scout Sea Explorer Base, 5875 Appian Way

Ever wonder what lives in the darkest depths of the sea? Campers will explore the mysteries of the deep and discover the secrets of the ocean! They will learn about the amazing adaptations and abilities of the strange creatures that live in this unfamiliar habitat. Campers will partake in hands-on activities and experiments to demonstrate the harshness of this environment. Read all the details at LBMI website: www.longbeachmarine.org

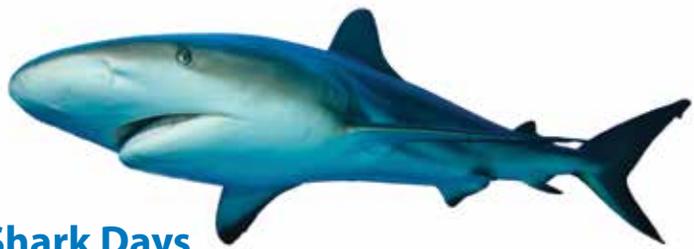
327221-01	1 week	Mon-Thu	6/29-7/2	9am-3pm	5-7 yrs	\$180
327221-02	1 week	Mon-Thu	6/29-7/2	9am-3pm	8-9 yrs	\$180
327221-03	1 week	Mon-Thu	6/29-7/2	9am-3pm	10-12 yrs	\$180

Liquid Jungles of the Sea

Long Beach Marine Institute
Boy Scout Sea Explorer Base, 5875 Appian Way

Travel through the amazing liquid jungles found just below the surface of our oceans! The world of fish and their habitats is vast and diverse. This week will cover many different ocean environments such as kelp forests and coral reefs, and illustrate why each habitat is unique not only in structure but in resources for inhabitant survival as well. Campers will learn about the fastest growing forest in the world and realize that coral reefs are complex aggressive predators. Most of all, the campers will understand how important these habitats really are, not only to the ocean but to humans as well. Read all the details at LBMI website: www.longbeachmarine.org

327224-01	1 week	Mon-Fri	7/6-7/10	9am-3pm	5-7 yrs	\$205
327224-02	1 week	Mon-Fri	7/6-7/10	9am-3pm	8-9 yrs	\$205
327224-03	1 week	Mon-Fri	7/6-7/10	9am-3pm	10-12 yrs	\$205
327224-04	1 week	Mon-Fri	8/3-8/7	9am-3pm	5-7 yrs	\$205
327224-05	1 week	Mon-Fri	8/3-8/7	9am-3pm	8-9 yrs	\$205
327224-06	1 week	Mon-Fri	8/3-8/7	9am-3pm	10-12 yrs	\$205



Shark Days

Long Beach Marine Institute
Boy Scout Sea Explorer Base, 5875 Appian Way

Come explore the extraordinary world of sharks and their relatives the "bony fish"! Did you know that a shark is a special type of fish? During this week, campers will learn what makes a shark unique and dispel some of the myths that have given sharks such a bad reputation. Campers will also discover the many incredible adaptations that fish have to help them survive in their ocean habitats. Day campers will participate in ocean themed crafts and activities to help them better understand the concepts being taught. Read all the details at LBMI website: www.longbeachmarine.org

327220-01	1 week	Mon-Fri	7/13-7/17	9am-3pm	5-7 yrs	\$205
327220-02	1 week	Mon-Fri	7/13-7/17	9am-3pm	8-9 yrs	\$205
327220-03	1 week	Mon-Fri	7/13-7/17	9am-3pm	10-12 yrs	\$205
327220-04	1 week	Mon-Fri	8/10-8/14	9am-3pm	5-7 yrs	\$205
327220-05	1 week	Mon-Fri	8/10-8/14	9am-3pm	8-9 yrs	\$205
327220-06	1 week	Mon-Fri	8/10-8/14	9am-3pm	10-12 yrs	\$205

Sports Camps



Skateboarding Summer Camp

Skatedogs - Adam Cohen
Little Cottonwood Park
4000 Farquhar

Whether you are just learning, or ready to learn more advanced tricks, this camp is right for you. Make new friends, play games, and most importantly, have fun in our private skatepark. Bring a snack and plenty of water. Requirements: A signed Skatedogs waiver form, a skateboard, knee pads, elbow pads, and a helmet.

323150-01	1 week	Mon-Fri	6/15-6/19	8:30-11:30am	6-13 yrs	\$164
323150-02	1 week	Mon-Fri	7/20-7/24	3:30pm-6:30pm	6-13 yrs	\$164
323150-03	1 week	Mon-Fri	8/10-8/14	8:30-11:30am	6-13 yrs	\$164

Coed Beach Volleyball

Maria Fattal
10th Street Beach
10th St @ Ocean Ave

Dive into the sand for summer volleyball action! Experienced coaches from Seal Beach Volleyball Club will lead these one-week camps. Fundamentals taught then reinforced in games. All sessions held Southside of pier.

333063-01	1 week	Mon-Fri	6/15-6/19	9-11am	10-14 yrs	\$120
333063-03	1 week	Mon-Fri	6/29-7/3	9-11am	10-14 yrs	\$120
333063-04	1 week	Mon-Fri	7/6-7/10	9-11am	10-14 yrs	\$120

Jump Start Basketball Camp

Jerrit Crosby
Oak Middle School Gym
10821 Oak Street

Participants will learn basic & advanced fundamentals of basketball while learning how to play in a team environment. These skills include shooting, passing, ball handling, transition offense, defense, and rebounding.

323993-01	1 week	Mon-Fri	7/13-7/17	9am-12pm	8-13 yrs	\$105
323993-02	1 week	Mon-Fri	7/27-7/31	9am-12pm	8-13 yrs	\$105

Skyhawks Sports Camps

Skyhawks provides a wide variety of fun, safe and positive programs that emphasize critical lessons in sports and life, such as teamwork, respect and sportsmanship. Our programs are designed to give each child a positive introduction into sports while fostering a lifelong love for an active, healthy lifestyle. Our patient and knowledgeable staff use a variety of skill-building games and activities to give each athlete a complete understanding and overview of the sport. Since 1979 Skyhawks has taught over one million boys and girls life lessons through sports. Visit www.skyhawks.com for further information.

Mini-Hawk Multi-Sport Camp

Skyhawks Sports Staff, Edison Park, 99 College Park Dr

This baseball, basketball and soccer program gives children a fun and positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. All participants receive a t-shirt, ball and a merit award.

323180-01	1 week	Mon-Fri	7/20-7/24	9am-12pm	4-7 yrs	\$155
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Multi-Sport Camp

Skyhawks Sports Staff, Edison Park, 99 College Park Dr

In this multi-sport camp we combine baseball, basketball, and soccer into one fun-filled week. Athletes will learn the rules and essentials skills of each sport along with vital life lessons such as respect and teamwork. All participants receive a t-shirt and a merit award.

323181-01	1 week	Mon-Fri	7/20-7/24	9am-12pm	7-12 yrs	\$155
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Soccer Camp

Skyhawks Sports Staff, Edison Park, 99 College Park Dr

Developed over 30 years, this is the #1 soccer camp for parents looking to introduce their children to the fundamentals of the world's most popular sport. Using our progression curriculum, your young athlete will gain the technical skills and sport knowledge required for that next step into soccer. All participants receive a t-shirt, soccer ball, and player evaluation.

323182-01	1 week	Mon-Fri	7/6-7/10	9am-12pm	6-12 yrs	\$155
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Basketball Camp

Skyhawks Sports Staff, Marina Park- Basketball Court, 151 Marina Dr

This fun, skill-intensive program is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. All participants receive a t-shirt, basketball, and player evaluation.

323183-01	1 week	Mon-Fri	6/22-6/26	9am-12pm	6-12 yrs	\$155
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Surf Camps



Surf Lessons with Chas Wickwire

Chas is a perennial City Champion and four time National Champion with over 40 years of surfing experience. Chas' vast surfing knowledge can enhance the quality of surfing experience for all skill levels; the goal of his classes is to provide the building blocks for a lifetime of enjoyment. Learn to surf or improve your skills in our camps or private sessions. Let us make your birthday party, girls or boys day out, office team building or corporate outing memorable with a surfing theme through our special events program. All required equipment is provided with an unparalleled level of instruction and a keen attention to detail. Come down and enjoy the Ohana and Aloha of the Chas surfing experience, the fun is guaranteed! The Chas surf School is a Family business celebrating its thirteenth year of operation. All ages are welcome! Surfboards & wetsuits provided.

Chas Surf Camps

Chas Wickwire
1st Street Beach @ Ocean Ave

Weekly surf camps for entry level to intermediate surfers of all ages. Held at 1st Street beach, the most consistent and well-shaped surf in town.

367050-01	1 week	Mon-Fri	6/22-6/26	9am-1pm	All ages	\$280
367050-02	1 week	Mon-Fri	6/29-7/3	9am-1pm	All ages	\$280
367050-03	1 week	Mon-Fri	7/6-7/10	9am-1pm	All ages	\$280
367050-04	1 week	Mon-Fri	7/13-7/17	9am-1pm	All ages	\$280
367050-05	1 week	Mon-Fri	7/20-7/24	9am-1pm	All ages	\$280
367050-06	1 week	Mon-Fri	8/3-8/7	9am-1pm	All ages	\$280
367050-07	1 week	Mon-Fri	8/10-8/14	9am-1pm	All ages	\$280
367050-08	1 week	Mon-Fri	8/17-8/21	9am-1pm	All ages	\$280

Private Surf Lessons

Chas Wickwire, 1st Street Beach @ Ocean Ave

Private one hour surf lessons are ongoing throughout the summer between June 22nd and August 21st. Please indicate your date and time preference on the registration form or in the note section at the checkout screen.

367055-01	1 Day	By Appointment Only	1 hour session	All ages	\$65
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Chas Summer Pass

Chas Wickwire, 1st Street Beach @ Ocean Ave

Summer passes are good for participation in all summer camp sessions. No blackout dates or off weeks this season!

367051-01	All Sessions	Mon-Fri	6/22-8/21	9am-1pm	All ages	\$655
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M&M Surf Camps

Michael Pless, 8th Street Beach, 8th St & Ocean Ave

Michael Pless, owner and operator of M & M Surfing School has been teaching for over 25 years and has over 50 years of surfing experience. This supervised program is designed to teach beginning and intermediate surfing to small groups with emphasis on safety first, in a fun-filled environment, including boogie boarding & other fun water sports after lunchtime, at the discretion of the instructor. All instructors are CPR, 1st Aid and Water Safety Certified *Please indicate your date/ time preference on the registration form. Register through the Community Services Office or online at register.sealbeachca.gov. Registration will not be accepted at the class.

367061-01	1 week	Mon-Fri	6/15-6/19	8am-2pm	All Ages	\$282
367061-02	1 week	Mon-Fri	6/22-6/26	8am-2pm	All Ages	\$282
367061-03	1 week	Mon-Fri	6/29-7/3	8am-2pm	All Ages	\$282
367061-04	1 week	Mon-Fri	7/6-7/10	8am-2pm	All Ages	\$282
367061-05	1 week	Mon-Fri	7/13-7/17	8am-2pm	All Ages	\$282
367061-06	1 week	Mon-Fri	7/20-7/24	8am-2pm	All Ages	\$282
367061-07	1 week	Mon-Fri	7/27-7/31	8am-2pm	All Ages	\$282
367061-08	1 week	Mon-Fri	8/3-8/7	8am-2pm	All Ages	\$282
367061-09	1 week	Mon-Fri	8/10-8/14	8am-2pm	All Ages	\$282
367061-10	1 week	Mon-Fri	8/17-8/21	8am-2pm	All Ages	\$282
367061-11	1 week	Mon-Fri	8/24-8/28	8am-2pm	All Ages	\$282

3 Hour Group Lesson

Michael Pless, 8th Street Beach, 8th St & Ocean Ave

Group Lessons are on-going from June 15-August 30. Please note, this class is good for any one day of surfing instruction. Please indicate your date preference on the registration form in the checkout screen.

367063-01	11 weeks	Mon-Sun	6/15-8/30	8-11am	5+ yrs	\$82
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1 Hour Group Lesson

367064-01	11 weeks	Mon-Sun	6/15-8/30	8am-2pm	5+ yrs	\$77
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1 Hour Semi Private Lesson

367067-01	11 weeks	Mon-Sun	6/15-8/30	8am-2pm	5+ yrs	\$97
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Summer Surf Pass

367062-01	11 weeks	Mon-Sun	6/15-8/30	8am-2pm	5+ yrs	\$805
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Tennis Camps

Classes are taught by Seal Beach Community Services and Los Alamitos High School Tennis Coach, Brian Collison. Players must bring their own tennis racquet, water, and tennis shoes to class. Classes may be combined with others or cancelled, if the minimum is not met. New classes may be created if maximums are exceeded. Please contact Seal Beach Parks and Recreation for questions. (562) 431-2527 x 1344.

CLASS #	DATES	DAYS	TIME	AGE	PRICE	LOCATION
323010-01	6/15-6/19	Mon-Fri	9-11am	7-11 yrs	\$135	Marina Park
323010-02	6/22-6/26	Mon-Fri	9-11am	7-11 yrs	\$135	McGaugh
323010-03	6/29-7/3	Mon-Fri	9-11am	7-11 yrs	\$135	Marina Park
323010-04	7/13-7/17	Mon-Fri	9-11am	7-11 yrs	\$135	McGaugh
323010-05	7/20-7/24	Mon-Fri	9-11am	7-11 yrs	\$135	Marina Park
323010-06	7/27-7/31	Mon-Fri	9-11am	7-11 yrs	\$135	McGaugh
323010-07	8/10-8/14	Mon-Fri	9-11am	7-11 yrs	\$135	Marina Park
323010-08	8/17-8/21	Mon-Fri	9-11am	7-11 yrs	\$135	McGaugh

Community Pool

McGaugh School • 1698 Bolsa Ave., Seal Beach Blvd. • Pool Office (562) 430-9612
Community Services Office (562) 431-2527 Extension 1344

The McGaugh Pool was built in 1964. It is 25 yards in length and has six lanes open for lap swimming. The water temperature is maintained at 80 degrees and an outdoor, warm water shower with limited dressing rooms are available.

Summer Adult & Youth Lap Swim

This is an ongoing fitness/workout program for lap swimming. Pool is closed on national holidays. All passes must be purchased at City Hall in the Community Services Department. \$5 pass re-issuing fee for all lost passes.

Days	Time	Ages	Fees
Monday-Friday	5:30am – 7am	Adult /16+ yrs	Pay at City Hall
Monday-Friday	11am – 1pm	Adult /16+ yrs	16 swim pass: \$40.50
Monday-Friday	6:30pm – 8pm	Adult /16+ yrs	34 swim pass: \$80.75
Saturday & Sunday	8am – 12 Noon	Adult /16+ yrs	Unlimited Annual pass: \$203 (No guests)
Monday-Friday	6pm-6:30pm	Youth	16 swim pass: \$32
Saturday & Sunday	8am – 9am	Youth	

Renew Your Swim Pass Online!

If you have already been issued an electronic card by the Community Services Department and would like to renew your swim pass, visit register.sealbeachca.gov

Recreation Swim

Recreation swim is open to anyone who is interested in enjoying a fun afternoon at the pool. The pool is supervised by experienced staff and provides a great opportunity to enjoy fun aquatics programming. All children must be accompanied by an adult. Pool passes must be purchased from the Community Services Department at City Hall. Resident summer pass is \$25. Non-resident summer pass is \$50. The summer pass is for immediate family only and must be presented upon entry. Valid for all dates listed below.

6/15-8/21	Mon- Fri	1-2:30pm
7/12-8/23	Sunday	3:30-5:30pm

Seal Beach Swim Team

The Seal Beach Swim Team is a privately operated team that conducts practices at McGaugh Community Pool. For Swim Team information, call Maria Fattal, a parent volunteer, at (562) 430-1092.

Deep Water Aerobics

Cheryl von der Hellen, McGaugh Campus, 1698 Bolsa Ave

This deep water exercise develops total fitness. You must purchase your own buoyancy cuffs to participate in class. You will burn calories while improving endurance, flexibility and strength. Purchase Buoyance Cuffs at Competitive Aquatic Supply (800-421-5192) or visit www.casswimshop.com

344010-01	5 weeks	Mon & Wed	6/15-7/15	5:30-6:30pm	18+ yrs	\$60
344010-02	5 weeks	Mon & Wed	7/27-8/26	5:30-6:30pm	18+ yrs	\$60

Stingrays in Seal Beach

What is a stingray?

A stingray is a bottom dwelling fish, flat in shape with a narrow tail. Stingrays commonly lie almost completely buried in the sandy bottom in the surf zone. The stingray actually does not sting; it stabs with a bony barb located at the base of its tail. Because there is mild venom on the barb, the stingray's wound can be painful. Stingrays are not aggressive fish. They do not attack swimmers, but rather try and avoid them. The stingray stings in response to being stepped on.

Where are stingrays found at Seal Beach?

Stingrays tend to be more common at Seal Beach in the summer and early fall, when water temperatures are warmer. They tend to be more abundant on the west side of the pier particularly between tower 3 and the San Gabriel River jetty.

How are stingray injuries prevented?

The best way to avoid being stung is to do the "Stingray Shuffle" – walk slowly and shuffle your feet through the sand. Stingrays are actually quite timid and will quickly swim away when they feel something approaching along the bottom. It also helps to swim in well populated areas – the other swimmers will help to scare off the stingrays.

What is the treatment for stingray injuries?

The following steps are helpful when treating a stingray injury:

1. Assess the wound – seek emergency medical treatment immediately for uncontrolled bleeding or if you experience dizziness, nausea, difficulty breathing which may be signs of an allergic reaction.
2. Soak the injury in hot water, this will help reduce the pain. Use caution and do not scald yourself, but the hotter the water the quicker the pain will subside. In general this treatment takes approximately 1 hour.
3. Be sure to clean and treat the wound to prevent infection. If you have not had a tetanus shot in the last 10 years you may want to consider getting a booster.
4. Lifeguards are trained to treat stingray-related injuries – seek lifeguard assistance in the event of a stingray injury.



Swim Lessons

Summer swim classes are 9 day sessions (Mon-Fri & Mon-Thurs) classes are 30 minutes. Resident fee is \$40.50 per child and non-resident fee is \$60.50 per child. Make-up classes are not offered unless classes are cancelled due to a pool closure. If a pool closure does occur, classes are made-up on the second Friday of the session. Parents are respectfully requested to observe swim lessons in the spectator area provided outside the pool deck. Only children currently enrolled in a lesson are permitted on the deck. The pool manager reserves the right to transfer any participant to a class that is more appropriate for the swimmers skill level. Swim classes are taught at McGaugh Campus, 1698 Bolsa Ave. Registration after the original enrollment dates will be accepted online and in City Hall prior to the third class meeting of each session.

Fees for 9 Day Sessions (Mon-Fri & Mon-Thurs)	Registration Time	Online Registration	Walk-in Registration	Session	Class Dates
Resident: \$40.50/per child	Resident Registration: 8 a.m.	Friday, May 29	Friday, June 5	1	6/15-6/25
Non-Resident: \$60.50/per child	Non-Resident Registration: 11 a.m.			2	6/29-7/9
				3	7/13-7/23
				4	7/27-8/6
				5	8/10-8/20

Parent & Me (6 Months- 3 Years)

To promote comfort, safety and enjoyment in and around the water. One adult per child required.

SESSION 1 6/15-6/25	SESSION 2 6/29-7/9	SESSION 3 7/13-7/23	SESSION 4 7/27-8/6	SESSION 5 8/10-8/20	TIME
314020-01	314020-03	314020-05	314020-07	314020-09	11:30am- 12noon
314020-02	314020-04	314020-06	314020-08	314020-10	4:30pm- 5:00pm

Intro to Water (3-5 Years)

To introduce swimming & water safety skills to children of preschool ages through the use of games and skill practice.

SESSION 1 6/15-6/25	SESSION 2 6/29-7/9	SESSION 3 7/13-7/23	SESSION 4 7/27-8/6	SESSION 5 8/10-8/20	TIME
314021-01	314021-12	314021-23	314021-34	314021-45	9:00am- 9:30am
314021-02	314021-13	314021-24	314021-35	314021-46	9:30am-10:00am
314021-03	314021-14	314021-25	314021-36	314021-47	10:00am- 10:30am
314021-04	314021-15	314021-26	314021-37	314021-48	10:30am- 11:00am
314021-05	314021-16	314021-27	314021-38	314021-49	11:00am- 11:30am
314021-06	314021-17	314021-28	314021-39	314021-50	11:30am- 12:00pm
314021-07	314021-18	314021-29	314021-40	314021-51	12:00pm- 12:30pm
314021-08	314021-19	314021-30	314021-41	314021-52	3:00pm- 3:30pm
314021-09	314021-20	314021-31	314021-42	314021-53	3:30pm- 4:00pm
314021-10	314021-21	314021-32	314021-43	314021-54	4:00pm- 4:30pm
314021-11	314021-22	314021-33	314021-44	314021-55	4:30pm- 5:00pm

Pool Party Rentals

Reserve the pool for a private party beginning April 1, 2015. Reservations are only available from June 1 through August 30. Please call to check availability.

Information: Enjoy a private pool party for your group, organization or birthday celebration. Pool Party Rentals have a two hour minimum on Saturdays and Sundays only. Rental times and dates are available in the Community Services Office or by calling (562) 431-2527 x: 1344.

Reservations: All paperwork and reservations must be handled through the community services department. You must submit a pool party application and FULL payment in order to reserve a time slot. There will be a fee of \$25 for date changes and cancellations.

Pool Rental Fees	1 Lifeguard (1-20 swimmers and non-swimmers)	2 Lifeguards (21-40 swimmers and non-swimmers)
Seal Beach Resident	\$152.50 (per 2 hr time slot)	\$182.50 (per 2 hr time slot)
Non-Resident	\$182.50 (per 2 hr time slot)	\$212.50 (per 2 hr time slot)

Beginner Levels 1,2,3

Students will be introduced to the primary skills of body position, proper kicking, effective strokes and timing of side breathing for freestyle/crawl. Time and skills permitting elementary backstroke is introduced in Level 3. Progressive advancement through levels are taught in the shallow, short end, of the pool.

Level 1

SESSION 1 6/15-6/25	SESSION 2 6/29-7/9	SESSION 3 7/13-7/23	SESSION 4 7/27-8/6	SESSION 5 8/10-8/20	TIME
324021-01	324021-11	324021-21	324021-31	324021-41	9:00am- 9:30am
324021-02	324021-12	324021-22	324021-32	324021-42	9:30am-10:00am
324021-03	324021-13	324021-23	324021-33	324021-43	10:00am- 10:30am
324021-04	324021-14	324021-24	324021-34	324021-44	10:30am- 11:00am
324021-05	324021-15	324021-25	324021-35	324021-45	11:00am- 11:30am
324021-06	324021-16	324021-26	324021-36	324021-46	12:00pm- 12:30pm
324021-07	324021-17	324021-27	324021-37	324021-47	3:00pm- 3:30pm
324021-08	324021-18	324021-28	324021-38	324021-48	3:30pm- 4:00pm
324021-09	324021-19	324021-29	324021-39	324021-49	4:00pm- 4:30pm
324021-10	324021-20	324021-30	324021-40	324021-50	4:30pm- 5:00pm

Level 2

SESSION 1 6/15-6/25	SESSION 2 6/29-7/9	SESSION 3 7/13-7/23	SESSION 4 7/27-8/6	SESSION 5 8/10-8/20	TIME
324022-01	324022-11	324022-21	324022-31	324022-41	9:00am- 9:30am
324022-02	324022-12	324022-22	324022-32	324022-42	9:30am-10:00am
324022-03	324022-13	324022-23	324022-33	324022-43	10:00am- 10:30am
324022-04	324022-14	324022-24	324022-34	324022-44	10:30am- 11:00am
324022-05	324022-15	324022-25	324022-35	324022-45	11:00am- 11:30am
324022-06	324022-16	324022-26	324022-36	324022-46	12:00pm- 12:30pm
324022-07	324022-17	324022-27	324022-37	324022-47	3:00pm- 3:30pm
324022-08	324022-18	324022-28	324022-38	324022-48	3:30pm- 4:00pm
324022-09	324022-19	324022-29	324022-39	324022-49	4:00pm- 4:30pm
324022-10	324022-20	324022-30	324022-40	324022-50	4:30pm- 5:00pm

Level 3

SESSION 1 6/15-6/25	SESSION 2 6/29-7/9	SESSION 3 7/13-7/23	SESSION 4 7/27-8/6	SESSION 5 8/10-8/20	TIME
324023-01	324023-11	324023-21	324023-31	324023-41	9:00am- 9:30am
324023-02	324023-12	324023-22	324023-32	324023-42	9:30am-10:00am
324023-03	324023-13	324023-23	324023-33	324023-43	10:00am- 10:30am
324023-04	324023-14	324023-24	324023-34	324023-44	10:30am- 11:00am
324023-06	324023-16	324023-26	324023-36	324023-46	3:00pm- 3:30pm
324023-07	324023-17	324023-27	324023-37	324023-47	3:30pm- 4:00pm
324023-08	324023-18	324023-28	324023-38	324023-48	4:00pm- 4:30pm
324023-09	324023-19	324023-29	324023-39	324023-49	4:30pm- 5:00pm

The ABCs of Pool Safety

Whether you're at a community pool or in your own backyard, knowing the ABCs of pool safety can help you keep summertime fun when kids are in the water.

A: Adult Supervision, Assign a "Water Watcher"!

B: Barriers, Install Fencing!

C: Classes, Learn CPR!

Learn more at www.abcpoolsafety.org

Level 4 - Stroke Improvement

Overarm backstroke and breaststroke are introduced. Introduction of CPR & rescue breathing will also be covered. Students will be required to swim 25 yards using rhythmic breathing. Student must be proficient in free style & backstroke & able to swim unassisted the length of the pool.

SESSION 1 6/15-6/25	SESSION 2 6/29-7/9	SESSION 3 7/13-7/23	SESSION 4 7/27-8/6	SESSION 5 8/10-8/20	TIME
324024-01	324024-11	324024-21	324024-31	324024-41	9:00am- 9:30am
324024-02	324024-12	324024-22	324024-32	324024-42	9:30am-10:00am
324024-03	324024-13	324024-23	324024-33	324024-43	10:00am-10:30am
324024-04	324024-14	324024-24	324024-34	324024-44	10:30am- 11:00am
324024-05	324024-15	324024-25	324024-35	324024-45	3:00pm- 3:30pm
324024-06	324024-16	324024-26	324024-36	324024-46	3:30pm- 4:00pm
324024-07	324024-17	324024-27	324024-37	324024-47	4:00pm-4:30pm
324024-08	324024-18	324024-28	324024-38	324024-48	4:30pm- 5:00pm

Level 5 - Stroke Refinement

Freestyle, backstroke and breaststroke will be refined. Emphasis will be on proper stroke techniques.

SESSION 1 6/15-6/25	SESSION 2 6/29-7/9	SESSION 3 7/13-7/23	SESSION 4 7/27-8/6	SESSION 5 8/10-8/20	TIME
324025-01	324025-11	324025-21	324025-31	324025-41	9:00am- 9:30am
	324025-12	324025-22	324025-32	324025-42	9:30am-10:00am
324025-03	324025-13	324025-23	324025-33	324025-43	10:00am-10:30am
	324025-14	324025-24	324025-34	324025-44	3:00pm- 3:30pm
324025-05	324025-15	324025-25	324025-35	324025-45	3:30pm- 4:00pm
	324025-16	324025-26	324025-36	324025-46	4:00pm-4:30pm

Level 6 - Skill Proficiency

Class will stress proper stroke efficiency & endurance. Butterfly is also introduced. Students will learn and practice the various lifesaving skills.

SESSION 1 6/15-6/25	SESSION 2 6/29-7/9	SESSION 3 7/13-7/23	SESSION 4 7/27-8/6	SESSION 5 8/10-8/20	TIME
	324026-11	324026-21	324026-31	324026-41	9:00am- 9:30am
324026-02	324026-12	324026-22	324026-32	324026-42	9:30am-10:00am
	324026-13	324026-23	324026-33	324026-43	10:00am-10:30am
324026-04	324026-14	324026-24	324026-34	324026-44	3:00pm- 3:30pm
	324026-15	324026-25	324026-35	324026-45	3:30pm- 4:00pm
324026-06	324026-16	324026-26	324026-36	324026-46	4:00pm-4:30pm

Level 7 - Advanced Skill Proficiency

Students will demonstrate various lifesaving skills and stroke perfection and endurance. Laps and aerobic fitness will be emphasized.

SESSION 1 6/15-6/25	SESSION 2 6/29-7/9	SESSION 3 7/13-7/23	SESSION 4 7/27-8/6	SESSION 5 8/10-8/20	TIME
		324027-01	324027-03		9:00am- 9:30am
		324027-02		324027-04	4:00pm-4:30pm

Adult Stroke Refinement

This class is for adults with swim experience. Participants must be at a level 5 or 6 to qualify for the class.

SESSION 1 6/15-6/25	SESSION 2 6/29-7/9	SESSION 3 7/13-7/23	SESSION 4 7/27-8/6	SESSION 5 8/10-8/20	TIME
		324028-01	324028-02	324028-03	10:30am- 11:00am

Music & Movement

Danuta Klimczak
Seal Beach Senior Center
 707 Electric Ave

Designed to provide a positive, challenging, learning environment for children to blossom musically and personally. Children will participate in musical games, singing, dancing, listening, and playing instruments. Program combines elements of Orff Schulwerk and Kodaly methods with traditional philosophies of musical education. No class 7/3

311061-01	6 weeks	Fri	6/19-8/7	10-10:50am	2 yrs	\$79
311061-02	6 weeks	Fri	6/19-8/7	11-11:50am	3-4 yrs	\$79

Ballet/Tap Combo

Anne Pennypacker
Marina Community Center- Large Room
 151 Marina Dr

This class introduces students to basic ballet warm-up, positions, technique, leaps and turns and classic tap steps such as shuffle ball changes. A great class for dancers of all levels! At session's end we'll put on a show. Ballet and tap shoes required. Proper suede bottom, pink ballet shoes required for class. Bedroom slippers will not be allowed. No class 7/15

322021-01	6 weeks	Wed	7/8-8/19	3:45-4:30pm	5-8 yrs	\$67
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Hip Hop

Anne Pennypacker
Marina Community Center- Large Room
 151 Marina Dr

A fast paced class to get dancers on their feet and groovin. Learn street style dance and funky hip hop combinations to upbeat (and appropriate) music. Explore basic breaking, popping and locking and more! At session's end, we'll put on a show. Tennis shoes or Jazz shoes required. No class 7/15

342034-01	6 weeks	Wed	7/8-8/19	4:30-5:15pm	5-12 yrs	\$67
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Musical Theatre Stars

Anne Pennypacker
Marina Community Center- Large Room
 151 Marina Dr

Calling all entertainers! Casting now... Needed: creative students interested in exploring dance, acting, music, and song! Join Miss Anne and guest instructors in performing pieces from various favorite musicals. Students will learn musical theatre dance styles, while learning to connect acting and the emotions of the song to the choreography of the piece. Jazz or ballet shoes encouraged for class. No class 7/15

322024-01	6 weeks	Wed	7/8-8/19	5:15-6pm	5-12 yrs	\$67
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Petit Ballerina

Anne Pennypacker
Marina Community Center- Large Room
 151 Marina Dr

"Bonjour, Little Dancers!" Join Miss Anne in a magical adventure into the world of ballet: plies, sautes, chasses, and more. Little ballerinas will be fairytale dancers as they learn the importance of pointing their toes! "La danse de la joie!" No class 7/15 & 7/16

322023-01	4 weeks	Thu	7/9-8/6	9-9:30am	2.5-5 yrs	\$47
322023-02	6 weeks	Wed	7/8-8/19	6-6:30pm	3-5 yrs	\$67

Princess Ballet

Anne Pennypacker
Marina Community Center- Large Room, 151 Marina Dr

Calling all Princesses, Fairies and little Ballerinas! Join in the fun by dancing magical ballet adventures. Little dancers can pretend to be the beautiful Swan Princess, Fairy Queen, Sleeping Beauty and more. Learn basic ballet positions and steps in a fun creative environment! No class 7/16

342033-01	6 weeks	Thu	7/9-8/20	3:45-4:30pm	4-7 yrs	\$67
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Gymnastics Level 1

Anne Pennypacker
Marina Community Center- Large Room, 151 Marina Dr

A focused gymnastic class, working on developing strength for more advanced skills. Gymnasts will learn the proper and safe way to execute tumbling, while increasing confidence and coordination. A wonderful class for athletes and dancers as well! No class 7/16

311033-01	6 weeks	Thu	7/9-8/20	4:30-5:15pm	6-12 yrs	\$67
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Pre-School Gymnastic

Anne Pennypacker
Marina Community Center- Large Room, 151 Marina Dr

Class is structured to introduce floor work such as bridge, cartwheels, frogstands and more. Gymnasts will also improve strength, balance and skills in this fun and fast paced class! No class 7/16

311032-01	6 weeks	Thu	7/9-8/20	5:15-5:45pm	4-6 yrs	\$67
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Recreation Scholarship Program

Interested in signing up for a Recreation class but can't afford it? Thanks to local community groups who have graciously donated funds, the City of Seal Beach offers scholarships to low-income residents (toddlers, teens, and seniors). Pick up a scholarship application at the Community Services Department. Apply today, funds are limited.

Kiddie Karate

Gary Pitts
Los Alamitos Community Ctr
10911 Oak Street

Learn basic techniques and principles emphasizing the three "C's": coordination, confidence and concentration. Wear loose clothing. Parents remain outside during class. Meeting with the instructor can be done after class.



311050-01 4 weeks Tue 6/16-7/7 6-6:30pm 3-6 yrs \$42

Karate Beg/Adv

Gary Pitts
Los Alamitos Community Ctr
10911 Oak Street

Continue to learn the art of self-defense. Improve coordination, confidence, respect, discipline and sportsmanship. Progress from beginner to Black Belt under Masters 2000 Hall of Fame Inductee Gary Pitts in the Japan Federation Style, "Shito-Ryu". Parents should remain outside classroom. Wear loose clothing.

322051-01 4 weeks Tue 6/16-7/7 6:30-7pm 7+ yrs \$42

Coed Beginning Volleyball

Maria Fattal
McGaugh Campus Gym
1698 Bolsa Ave

Learn to play volleyball this summer! Basic skills of passing, setting, hitting, and underhand as well as overhand serving will be taught then reinforced in games.

333060-01 5 weeks Mon & Wed 6/29-7/29 3:30-5:30pm 8-12 yrs \$160

Coed Intermediate Volleyball

Maria Fattal
McGaugh Campus Gym
1698 Bolsa Ave

Perfect your volleyball skills and learn how to run a 6-2 offense. Class consists of a warm-up, skills work, and a half-hour of playing. For players who play on 8th grade school teams or club teams or by instructor's approval, please email sbvbcmaria@yahoo.com or call 562-430-1092 with experience.

333061-01 5 weeks Tue & Thu 6/30-7/30 3:30-5:30pm 10-14 yrs \$190

BeachFit Kids

Beach Fitness
Open Grass Area @ Red Car Museum
Corner of Main & Electric

CrossFit Kids workouts consist of varied, functional movements that deliver an experience that is inclusive and scaleable for all kids. CrossFit Kids is a specially designed fitness class for all ages, athletic levels, and all sport programs. Kids will learn the fundamentals of fitness such as the importance of physical activity, proper exercise, healthy eating, and sense of community. All workouts are fun and kids will achieve health & exercise goals and have a sense of accomplishment in their success. Pay \$10 per class online at register.sealbeachca.gov or indicate your date preference on the registration form.

342064-01 11 weeks Tue & Thu 6/16-8/27 3:15-4:15pm 7-12 yrs \$199

Westminster ICE

Westminster Ice Staff, 13071 Springdale, Westminster
Fee: \$37/ 4 weeks

Continuous 4 week sessions are offered for the following classes:

- Skating for Tots
- Beginning Skating
- Ice Hockey Skating Skills
- Ice Skating for Adults

Class fee includes skate rental, half hour instruction and a free weekly practice session on your registered class day. All classes taught by Westminster ICE Staff. Dress warmly in layers and bring gloves or mittens. Please check in at least 15 minutes prior to class start time at first class. Pre-registration is required through the Community Services Department for all classes. For individual class descriptions, dates, times, and class registration, visit register.sealbeachca.gov

Kidz Love Soccer

Since 1979, Kidz Love Soccer has been dedicated to teaching children the world's most popular sport within a nurturing, recreational environment. A typical session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience soccer fun in a safe, non-competitive environment. Kidz Love Soccer... "Where the score is always FUN to FUN!" Class status hotline: (888)372-5803.

Mommy/Daddy & Me Soccer

Kidz Love Soccer
Heather Park, Heather St & Lampson Ave

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/ Daddy & Me Soccer, parents are part of the action, not watching from the sidelines!

323995-01 5 weeks Tue 6/16-7/14 5:30-6pm 2-3.5 yrs \$75

323995-02 5 weeks Tue 7/28-8/25 5:30-6pm 2-3.5 yrs \$75

Tot/Pre Soccer

Kidz Love Soccer
Heather Park, Heather St & Lampson Ave

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting.

323996-01 5 weeks Tue 6/16-7/14 4:45-5:20pm 3.5-5 yrs \$75

323996-02 5 weeks Tue 7/28-8/25 4:45-5:20pm 3.5-5 yrs \$75

Soccer 1

Kidz Love Soccer
Heather Park, Heather St & Lampson Ave

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting.

323998-01 5 weeks Tue 6/16-7/14 4-4:45pm 5-6 yrs \$75

323998-02 5 weeks Tue 7/28-8/25 4-4:45pm 5-6 yrs \$75



Children's Library Programs

at Mary Wilson Library

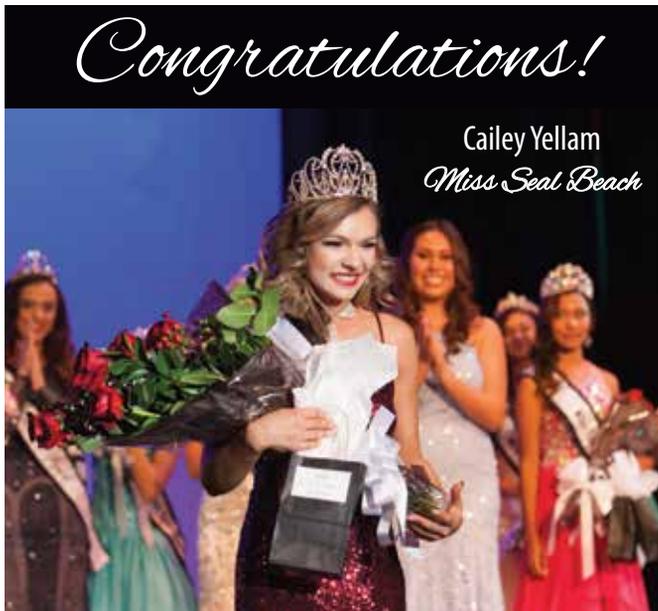
Call the Library for exciting summer programs!

Library Hours

Mon: 12-8pm, Tues: 12-8pm • Wed: 10am-6pm, Thurs: 10am-6pm
Sat: 10am-5pm • Closed Friday and Sunday

Free programs presented by the Seal Beach Friends of the Library.

For more information, call 562-431-3584



Congratulations!

Cailey Yellam
Miss Seal Beach



Elyse Varipapa
Junior Miss Seal Beach



Malia Rivers
Miss Teen Seal Beach



*Congratulations to
Cailey Yellam,
Miss Seal Beach 2015.*

*For more information about the
Miss Seal Beach Pageant,
please visit www.misssealbeach.com*



Readwrite Educational Solutions

SAT Prep and Test Strategies

Readwrite Ed Solutions Inc.
LB Rec & Marine Admin Bldg, 2760 N. Studebaker Rd

This class will provide a practice SAT test, manual, and individualized SAT instruction guaranteed to strengthen areas of weakness and improve your child's score. Your child will be instructed by our top tier teachers in the best studying and test taking strategies. Grade 9-12. \$45 program and materials fee payable to the instructor due at first class meeting. More info: 949-263-0633.

322082-01 3 weeks Sat 8/8-8/22 9am-1pm 13-18 yrs \$145

Study Skills and Test Taking Techniques

Readwrite Ed Solutions Inc.
LB Rec & Marine Admin Bldg, 2760 N. Studebaker Rd

Be more productive during school and study time. Learn effective note taking skills, study techniques and smart approaches to test taking. \$25 testing and materials fee payable to the instructor due at first class meeting.

322083-01 4 weeks Sat 7/11-8/1 11:10am-12:40pm 10-15 yrs \$65

Speed Reading and Vocabulary Building

Readwrite Ed Solutions Inc.
LB Rec & Marine Admin Bldg, 2760 N. Studebaker Rd

Read two to ten times faster, and maintain or improve comprehension. Students will learn the keys to unlocking the meaning and spelling of words. \$40 testing and materials fee payable to the instructor due at first class meeting.

322084-01 4 weeks Sat 7/11-8/1 9-11am 10-15 yrs \$79

Little Bakers

Jasmine Hernandez, Los Alamitos Community Ctr, 10911 Oak Street

Little bakers and their favorite adult will bake healthy goodies in this fun class. We will introduce simple measuring, mixing, decorating, and following directions. Children will learn numbers, shapes, colors, healthy ways and more through a fun, safe baking environment. \$20 Materials fee due to the instructor on the first day of class.

311079-01 4 weeks Wed 6/17-7/8 1:30-2:30pm 3-6 yrs \$55

311079-02 4 weeks Fri 6/19-7/10 10-11am 3-6 yrs \$55

311079-03 4 weeks Wed 7/29-8/19 1:30-2:30pm 3-6 yrs \$55

311079-04 4 weeks Fri 7/31-8/21 10-11am 3-6 yrs \$55

Dog Obedience

Khara Knight, Trainer with Dog Services Unlimited
Laurel Park, 10862 Bloomfield Street

All breeds of dogs 6 mos & older (larger breeds 4 mos & older) welcome. All basic obedience commands (heel, automatic sit, sit-stay, down-stay, stand & come) will be covered, as well as discussions on correction of various behavior problems. Hand signals, long distance work, & boundary training included. Trophies & certificates awarded at graduation. Please bring current vaccination records and \$10 materials fee (includes training manual) to first meeting. First meeting is an orientation, to be held WITHOUT DOGS inside Los Alamitos Community Center (10911 Oak St). Otherwise all other classes will be held at Laurel Park- corner of Katella & Bloomfield in Los Alamitos. Handlers ages 9 yrs to adults.

366040-01	7 weeks	Thu	6/25-8/6	6:15-7:15pm	9+ yrs	\$92
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Canine Games Agility Course

April Brittsan, Trainer with Dog Services Unlimited
El Dorado Park Baseball Field Area, 2760 Studebaker Rd, Long Beach

Looking for fun, exercise and quality time to spend with your canine companion? This course introduces a variety of challenging obstacles, including tunnels, teeter-totter, tire jump, A-frame, dog-walk, bar-jumps and weave poles. Trophies and certificates awarded at fun competition at final meeting. Bring current vaccination records, a lawn chair, and a \$30 material fee to first class, which is an orientation, held WITHOUT DOGS. No previous experience needed, but some on-leash obedience training is helpful. Additional family members are welcome to attend at no charge (no children under 7 years allowed on the course, please). All classes held on grass median adjacent to the baseball field just north of Willow. Enter the park from Studebaker Rd., first entrance north of Willow, and follow service road toward back of the park, past the baseball fields, towards willow.

366042-01	7 weeks	Wed	6/24-8/5	6-7pm	12+ yrs	\$92
366042-02	7 weeks	Wed	6/24-8/5	7-8pm	12+ yrs	\$92

Dog Manners "Crash Course"

Khara Knight, Trainer with Dog Services Unlimited
El Dorado Park (Near Hockey Court)
2760 Studebaker Rd, Long Beach

Establish better manners and correct behavior problems in just four 75- minute lessons! Dogs five months or older will learn to stay, come, sit, lie down, and walk without pulling on a leash. Bad habits such as destructive chewing, jumping on people, digging, and barking will also be addressed. Dogs attend all meetings. Bring current shot records and \$5 materials fee to first lesson. Pre- registration is required.

366043-01	4 weeks	Sat	8/1-8/22	11am-12:15pm	12+ yrs	\$80
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Needlework

Polly Womack
Los Alamitos Community Ctr
10911 Oak Street

Come learn Needlepoint, Tatting, Cross Stitch, Hardanger, Bargello, Embroidery, Whitework, Blackwork, Battenbery Lace, Needlelace, Cutwork, Samplers with a nice group of people to stitch with and a very experienced instructor to help you. Please bring your project to the first class. \$8 material fee payable to the instructor for those interested in Tatting.



346059-01	7 weeks	Wed	6/17-7/22	1-3:30pm	16+ yrs	\$35
346059-02	6 weeks	Wed	7/29-9/2	1-3:30pm	16+ yrs	\$35

Estate Planning Essentials

Josh Meier, Fire Station 48 Community Room, 3131 N. Gate Rd

- How to keep your family out of probate court.
- How to pass assets to your spouse and kids without a huge tax bill.
- How to choose guardians for your children and not make any of the six common mistakes.
- How to make your medical wishes known and accessible for your loved ones.
- Learn the secrets to protecting your spouse and children's assets.

344062-01	1 day	Tue	6/16	10:30-11:30am	45+ yrs	FREE
344062-02	1 day	Wed	7/29	6-7:30pm	45+ yrs	FREE
344062-03	1 day	Thu	8/13	6-7:30pm	45+ yrs	FREE

Kids Guardian Workshop

Josh Meier, Fire Station 48 Community Room, 3131 N. Gate Rd

What Would Happen to Your Kids if Something Happened to You? Attend the Kids Guardian Workshop to discover how you can:

- Make sure your children never spend even one moment in the care of strangers (or anyone you wouldn't want) if anything happens to you.
- Avoid the expenses and delays of a long, drawn-out court process that would make life difficult for your loved ones.
- Protect your children's inheritance from creditors, lawsuits, and failed marriages.

Plus, parents can complete legal documents naming permanent guardians for their kids for FREE- a \$500 value!

344061-01	1 day	Tue	6/23	6-7:30pm	Parents of Minors	FREE
344061-02	1 day	Wed	7/15	6-7:30pm	Parents of Minors	FREE
344061-03	1 day	Thu	8/6	6-7:30pm	Parents of Minors	FREE

First Aid, CPR & AED Training

Erik Berg, Fire Station 48, 3131 N. Gate Rd

These classes are designed to teach individuals basic CPR, First Aid and use of an Automatic external defibrillator (AED). Participants will receive a card from the American Safety and Health Institution. There will be a 45 min lunch break, please bring a sack lunch. \$15 book fee payable to instructor due at class.

346031-01	1 day	Sat	7/18	9am-3:30pm	16+ yrs	\$50
346031-02	1 day	Sat	8/15	9am-3:30pm	16+ yrs	\$50

Magic in Seal Beach

Daniel Habel, North Seal Beach Center, 3333 Saint Cloud Dr.
Fee: FREE + \$10 for lectures due day of event



Join local magicians to observe and learn the history of magic and magic effects, including close-up magic as well as stage magic. Professional magicians will lecture four times per year. Meetings held every 3rd Saturday of the month from 6-10pm. Contact Daniel Habel for more information at (562) 434-4693.

May 16	June 20	July 18	August 5
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Intro to Patternmaking

Build It Workspace, 4478 Cerritos Ave

Learn flat pattern drafting from measurements for creating customized clothing. Pattern manipulation and fitting issues will be addressed as we create an a-line skirt and pants. Basic sewing skills required. \$40 materials fee payable to instructor.

313082-01	6 weeks	Tue	6/23-7/28	6:30-8pm	18+ yrs	\$200
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Beginning Ballroom

Anne Pennypacker
Los Alamitos Community Ctr
10911 Oak Street

Let's get those feet moving right away! Learn the basics of Ballroom and Latin in this fun and friendly atmosphere. Students will learn dances such as the rumba, cha-cha, swing waltz, salsa, and foxtrot. Partners are not necessary. No class 8/3

344020-01 6 weeks Mon 7/6-8/17 6:30-7:30pm 18+ yrs \$70

Intermediate Ballroom

Anne Pennypacker
Marina Community Center- Large Room
151 Marina Dr

Geared towards students with some basic dance experience, Intermediate Ballroom is the class for you! Refine the basics and add more step patterns to spice up your dancing! Partners are not necessary.

344021-01 6 weeks Tue 7/7-8/11 7:30-8:30pm 18+ yrs \$70

Argentine Tango

Anne Pennypacker
Marina Community Center- Large Room
151 Marina Dr

Join me in the passionate lovely dance from the streets of Buenos Aires. Learn ochos, ganchos, parada and more! Discover the "milonguero, milonguera" within!

342038-01 6 weeks Tue 7/7-8/11 8:30-9:30pm 18+ yrs \$70

Adult Hip Hop

Anne Pennypacker
Marina Community Center- Large Room
151 Marina Dr

Let's get our bodies moving to the upbeat sounds of hip hop! Not only will this class be a fun way to get a workout, but a great way to look better on any dance floor. No class 7/15

342028-01 6 weeks Wed 7/8-8/19 6:30-7:30pm 18+ yrs \$70

Adult Tap

Anne Pennypacker
Marina Community Center- Large Room
151 Marina Dr

An amazing workout and fun at the same time! This class is for those who have always wanted to tap or have had fun tap dancing before. Explore various styles of tap, combinations and more. Tennis shoes, hard soled shoes or tap shoes are the best to wear for class. No class 7/16

342026-01 6 weeks Thu 7/9-8/20 7:15-8pm 18+ yrs \$70

Adult Ballet/Jazz

Anne Pennypacker
Marina Community Center- Large Room
151 Marina Dr

Class will begin with floor warm-ups, ballet barre and center floor. Halfway through, we'll speed it up with various styles of jazz combinations, movements and a routine. Jazz or Ballet shoes recommended. No class 7/16

342040-01 6 weeks Thu 7/9-8/20 8-9pm 18+ yrs \$70



Pilates

Beginning Pilates

Bonnie Nash, Seal Beach Senior Center, 707 Electric Ave

Geared for new students. The Pilates method of physical and mental conditioning will change your body to be fitter, stronger, and more attractive by slimming muscles, increasing strength and flexibility, improving posture, body alignment and coordination. The Pilates Beginning program will be the most important sessions you will experience. New students are encouraged to attend 20 classes before moving to Intermediate level classes. To see if you are a good fit for this beginners class please call Bonnie at (714) 345-2140. Please bring a floor mat. Classes are subject to cancellation if class minimum is not met. No class 7/6

342072-01 6 weeks Mon 6/15-7/27 12:30-1:30pm 18+ yrs \$65

342072-02 4 weeks Mon 8/3-8/24 12:30-1:30pm 18+ yrs \$45

Intermediate Pilates

Bonnie Nash, Seal Beach Senior Center, 707 Electric Ave

For returning students ONLY. This class can only be taken by students who have completed the Pilates Beginning program. New students who have not trained with Bonnie Nash are welcome to try a free assessment class to determine if this would be the appropriate level for them. Intermediate level is a continuation of the fundamental work followed by more challenging exercises adding strength and coordination to the Pilates experience. No class 7/6

342069-01 6 weeks Mon 6/15-7/27 11:30am-12:30pm 18+ yrs \$65

342069-02 4 weeks Mon 8/3-8/24 11:30am-12:30pm 18+ yrs \$45

Advanced Pilates

Bonnie Nash, Seal Beach Senior Center, 707 Electric Ave

For returning students ONLY who have taken both the Beginning and Intermediate Pilates program. New students who have not trained with Bonnie Nash are welcome to try a free assessment class to determine if this would be the appropriate level. Advanced Pilates work will focus on increasing strength, endurance, flexibility, coordination and posture with more challenging exercises. Continuing the fundamentals of proper breathing and alignment are essential. Exercise mat and other props required. Classes are subject to cancellation if class minimum is not met. No class 7/2

342071-01 6 weeks Thu 6/18-7/30 12:30-1:30pm 18+ yrs \$65

342071-02 4 weeks Thu 8/6-8/27 12:30-1:30pm 18+ yrs \$45

Jacki Sorensen's Fitness/ Dance Class

Martha Stegen

North Seal Beach Center, 3333 Saint Cloud Dr

Jacki Sorensen's Aerobic Dancing was the world's first aerobic dancing program, originating over 40 years ago. It's a progressive course that's choreographed specifically for non-dancers. In your Get-it-all-Together class you'll sway, stretch, crunch, squat, cha cha, waltz, samba and swing yourself into total body fitness while enjoying music from The Hot 100, Adult Contemporary, Latin, Rock'n Roll, Country, Hip Hop, and more! Our classes are effective, exciting and fun! Comfortable clothes, aerobic shoes, & a mat or towel are required. Light hand-held and/or ankle weights optional. Pay \$6 per class online at register.sealbeachca.gov or indicate your date preference on the registration form.

342030-01 8 weeks Tue & Thu 6/23-8/13 4:30-5:30pm 16+ yrs \$85

Jazzercise

Mary Jo Fouche

Jazzercise gives you all the cardio, strength and stretch moves you want for a total body workout! And with all that, we've thrown in moves from hip-hop, yoga, Pilates, jazz dance, kickboxing and resistance training. All ages, levels and sizes welcome so come join us today! Please wear appropriate & sturdy athletic shoes. Bring a towel, weights, water, & a mat. Pay \$10 per class online at register.sealbeachca.gov or indicate your date preference on the registration form. No class 7/4

North Seal Beach Center, 3333 Saint Cloud Dr.

342044-01 5 weeks Mon & Wed 6/22-7/22 6-7pm 13+ yrs \$70

342044-02 6 weeks Mon & Wed 7/27-9/2 6-7pm 13+ yrs \$70

Marina Community Center, 151 Marina Dr.

342042-01 5 weeks Thu 6/25-7/25 6-7pm 13+ yrs \$70
Sat 8:30-9:30am

342042-02 6 weeks Thu 7/30-9/3 6-7pm 13+ yrs \$70
Sat 8:30-9:30am

Zumba Fitness

Marina Community Center- Large Room, 151 Marina Dr

Zumba Fitness uses dance workouts to upbeat Latin and world rhythms. Just shake, sweat, and tone at your own pace with your own style. It's perfect for all levels of dance and anyone wanting to get or stay in shape. Zumba Fitness allows you to stay healthy, be happy, and have fun!

Marika Huelskamp

342090-01 6 weeks Mon 6/22-7/27 7-8pm 18+ yrs \$65

Mari Huelskamp

342090-02 6 weeks Wed 6/24-7/29 7:30-8:30pm 18+ yrs \$65

Fitness with Mari

Mari Huelskamp, Fire Station 48 Community Room, 3131 N. Gate Rd

Increase your range of motion with this cardiovascular workout that includes balance, stretching and strength. Pay \$8 per class online at register.sealbeachca.gov or indicate your date preference on the registration form. No class 6/15, 6/16, 6/17, 6/18, 8/3, 8/4, 8/5, 8/6, 8/10, 8/11, 8/12, 8/13

342092-01 46 Classes Mon-Thu 5/26-9/2 9-10am 18+ yrs \$180

Strength & Toning

Mari Huelskamp

Fire Station 48 Community Room, 3131 N. Gate Rd

Range of motion, strength, and toning exercises using chairs, elastic bands, and balls. Pay \$8 per class online at register.sealbeachca.gov or indicate your date preference on the registration form. No class 6/15, 6/17, 8/3, 8/5, 8/10, 8/12

342091-01 23 Classes Mon & Wed 5/27-9/2 10-11am 35+ yrs \$95

Tai Chi Chih I

Suzanne Roady-Ross

Seal Beach Senior Center, 707 Electric Ave

Reduce stress and experience peace within. A moving form of meditation based on ancient Chinese principles, these graceful flowing movements tone muscles, align the body & enhance flexibility while promoting a peaceful mind. In Chinese medicine, tai chi is used as a way to relax the body & allow the chi (vital energy) to flow, thereby promoting wellness.

342073-01 5 weeks Mon 6/22-7/20 6:40-7:40pm 14+ yrs \$45

342073-02 5 weeks Mon 7/27-8/24 6:40-7:40pm 14+ yrs \$45

Tai Chi Chih II

Suzanne Roady-Ross

Seal Beach Senior Center

707 Electric Ave

Refine your practice and deepen the benefits of this simple but powerful moving meditation. Reduce stress and experience peace within while promoting wellness.

342077-01 5 weeks Mon 6/22-7/20 5:30-6:30pm 14+ yrs \$45

342077-02 5 weeks Mon 7/27-8/24 5:30-6:30pm 14+ yrs \$45

Hatha Yoga

Suzy Hazard

Seal Beach Senior Center

707 Electric Ave

Hatha yoga is a series of gentle poses that stretch & strengthen your body; the breathing practices relax your mind. The combination brings your mind & body together to soothe the nervous system & bring you a sense of relaxation & renewal. Wear loose, comfortable clothing. Bring a sticky mat and/or beach towel.

342070-01 5 weeks Tue 6/30-7/28 5:30-6:45pm 18+ yrs \$47

Aikido for Adults

Steve Wasserman

North Seal Beach Center

3333 Saint Cloud Dr.

This course focuses on the martial art of "Aikido" self-defense. Students will learn the principles of falling, rolling, and defense techniques against punches, strikes, knife attacks, control and blending with your opponent, mat safety, and self-defense awareness. Wear sweats and no jewelry. Martial arts gi are optional and can be purchased separately (\$40- \$65). Belt testing is optional (\$40). All students that attend the classes must have the ability to roll and fall at a moderate pace and will be allowed to participate only per instructor's discretion. Some Saturday's to be announced from 9:30-11am. Pay \$10 a class online at register.sealbeachca.gov or indicate your date preference on the registration form.

342050-01 9 weeks Mon & Wed 6/29-8/26 7:30-9:30pm 18+ yrs \$124



Beach Boot Camp

Bryce Turner, 10th Street Beach, 10th St @ Ocean Ave

Join Seal Beach's exclusive Beach Boot Camp and get that beach body you have always wanted. Beach Boot Camp is a kick-your-butt workout that will leave you sore, but begging for more! Work with our expert trainers to tighten and tone your ENTIRE body with this INTENSE workout. CAUTION: This workout contains CARDIO, STRENGTH TRAINING, and a BUTT KICKIN'! Pay \$15 per class online at register.sealbeachca.gov or indicate your date preference on the registration form. No class 7/4

342062-01 10 weeks Sat 6/20-8/29 8-9am 12+ yrs \$112

BeachFit Moms

Annika Turner, Eisenhower Park, 900 Ocean Ave

Join Seal Beach's effective BeachFit Moms' program taught by certified Beach Fitness personal trainers. BeachFit Moms is a female focused workout in an environment that promotes healthy living for women, their pregnancies and their children. BeachFit moms was created with the idea of getting results by focusing on the 5 major components of fitness. Through Strength, Endurance, flexibility, Nutrition, and Mind Body connection you will learn how to live a healthier and more fit life. Pay \$12 per class online at register.sealbeachca.gov or indicate your date preference on the registration form.

342063-01 10 weeks M/T/Th/F 6/22-8/28 9:30-10:30am 18+ yrs \$422

Over the Line Softball Tournament

Russ Johnson 1st Street Beach, 1st St @ Ocean Ave

Join other softball buffs who love this adaptive game of 3-on-3 fun at the beach. Men's Advanced, Men's Novice and Co-ed competition available. Bring your sunscreen, favorite beach chair and umbrella and your competitive, fun spirit. Four tournaments offered during this "Summer Series". Please call (562) 866-8685 for more information. Pre-registration required. \$80 fee is for 3 players and 1 sub.

343130-01	1 day	Sun	5/17	9am-4pm	16+ yrs	\$80/team
343130-02	1 day	Sun	5/31	9am-4pm	16+ yrs	\$80/team
343130-03	1 day	Sun	6/7	9am-4pm	16+ yrs	\$80/team
343130-04	1 day	Sun	6/28	9am-4pm	16+ yrs	\$80/team



Softball League

Softball league begins Tuesday July 14 (men) and Thursday July 16, 2015 (coed). \$400 per team. For more information, contact Kevin Ortiz in the Community Services Department at (562) 431-2527 ext: 1307, or e-mail kortiz@sealbeachca.gov. **Dates subject to change due to weather.**

Basketball League

Basketball league begins Monday July 20, 2015. \$350 per team for a 10 game season, plus \$25 per game for referees. Kevin Ortiz in the Community Services Department at (562) 431-2527 ext: 1307, or e-mail kortiz@sealbeachca.gov.



SEAL BEACH TENNIS CENTER

3900 Lampson Ave. • 562-598-8624 • www.sealbeachtenniscenter.com

The Seal Beach Tennis Center is a beautiful facility open to the public 7 days per week, and offering tennis programs and activities for all ages and skill levels. Center includes 16 tennis courts, indoor fitness facility, pro shop, clubhouse and full locker rooms. Visit www.sealbeachtenniscenter.com for our upcoming events and the latest SBTC tennis news!

Tennis Programs

- Private & group lessons by USPTA instructors
 - City Recreation tennis classes
 - SBTC Junior Academy
 - Weekly Tennis workouts & clinics
 - Tuesday Night Doubles
 - Personal training
 - Special tennis events & tournaments
 - USTA/ WTT Leagues
- And much more...

Facility & Services

The SBTC includes:

- A Pro Shop where you can pick up needed tennis supplies
- Snacks and beverages
- Racquet restringing

Tennis Professionals

Our facility is home to a number of tennis professionals who can assist you with all your tennis needs.

NEW! 4 pickleball courts with lights!

Clubhouse & Tennis Courts

The Clubhouse and Tennis Courts are available to rent for your next special occasion, event, training or corporate meeting. Call 562-598-8624 for a quote or visit www.sealbeachtenniscenter.com for an application.

Tennis Center Public Hours

Monday – Friday 12 - 9:30 p.m.
Saturday & Sunday 12 - 5:30 p.m.
The general public may reserve courts 4 days in advance.

General Public Fees

- 12 - 5:00 p.m. – \$10 per hour/court
- 5 - 9:30 p.m. – \$12 per hour/court
- Seal Beach Residents receive a \$2 discount per hour, per court
- Junior Rates (17 years and under) – \$5 per hour per court

www.sealbeachtenniscenter.com

Tennis Lessons taught by Brian Collison

KIDS BEGINNING (4-6 years) No class: 7/4, 7/6, 7/8, 8/3, 8/5, 8/8

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333020-01	6/22-7/20	Mon	5-5:30 pm	\$32	Heather Park
333020-02	7/27-8/24	Mon	5-5:30 pm	\$32	Heather Park
333020-03	6/24-7/22	Wed	5-5:30 pm	\$32	Marina Park
333020-04	7/29-8/26	Wed	5-5:30 pm	\$32	Marina Park
333020-05	6/27-7/25	Sat	9-9:30 am	\$32	McGaugh
333020-06	8/1-8/29	Sat	9-9:30 am	\$32	McGaugh

KIDS INTERMEDIATE (5-6 years) No class: 7/7, 7/9, 8/4, 8/6

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
233020-07	6/23-7/21	Tues	5-5:30 pm	\$32	Marina Park
233020-08	7/28-8/25	Tues	5-5:30 pm	\$32	Marina Park
233020-09	6/25-7/23	Thurs	4:30-5 pm	\$32	Heather Park
233020-10	7/30-8/27	Thurs	4:30-5 pm	\$32	Heather Park

JUNIORS BEGINNING (7-10 years) No class: 7/4, 7/6, 7/8, 8/3, 8/5, 8/8

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333021-01	6/22-7/20	Mon	5:30-6:30 pm	\$64	Heather Park
333021-02	7/27-8/24	Mon	5:30-6:30 pm	\$64	Heather Park
333021-03	6/24-7/22	Wed	5:30-6:30 pm	\$64	Marina Park
333021-04	7/29-8/26	Wed	5:30-6:30 pm	\$64	Marina Park
333021-05	6/27-7/25	Sat	2:30-3:30 pm	\$64	McGaugh
333021-06	8/1-8/29	Sat	2:30-3:30 pm	\$64	McGaugh

JUNIORS INTERMEDIATE (7-10 years) No class: 7/7, 7/9, 8/4, 8/6

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333021-07	6/23-7/21	Tues	5:30-6:30 pm	\$64	Marina Park
333021-08	7/28-8/25	Tues	5:30-6:30 pm	\$64	Marina Park
333021-09	6/25-7/23	Thurs	5-6 pm	\$64	Heather Park
333021-10	7/30-8/27	Thurs	5-6 pm	\$64	Heather Park

TWEENS BEGINNING (11-13 years) 7/6, 7/8, 8/3, 8/5

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333023-01	6/22-7/20	Mon	6:30-7:30 pm	\$64	Heather Park
333023-02	7/27-8/24	Mon	6:30-7:30 pm	\$64	Heather Park
333023-03	6/24-7/22	Wed	6:30-7:30 pm	\$64	Marina Park
333023-04	7/29-8/26	Wed	6:30-7:30 pm	\$64	Marina Park

TWEENS INTERMEDIATE (11-13 years) No class: 7/7, 7/9, 8/4, 8/6

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333023-05	6/23-7/21	Tues	6:30-7:30 pm	\$64	Marina Park
333023-06	7/28-8/25	Tues	6:30-7:30 pm	\$64	Marina Park
333023-07	6/25-7/23	Thurs	6-7 pm	\$64	Heather Park
333023-08	7/30-8/27	Thurs	6-7 pm	\$64	Heather Park

ADULTS BEGINNING (14+ years) No class: 7/8, 8/5

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333022-01	6/24-7/22	Wed	7:30-8:30 pm	\$64	Marina Park
333022-02	7/29-8/26	Wed	7:30-8:30 pm	\$64	Marina Park



Seal Beach Tennis Center

For more information, call 562-598-8624.

ADULT BEGINNING (18+ years)

Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333030-01	6/15-7/13	Mon	8-9 am	\$80	SBTC
333030-02	7/27-8/24	Mon	8-9 am	\$80	SBTC
333030-03	6/17-7/15	Wed	10:30-11:30 am	\$80	SBTC
333030-04	7/29-8/26	Wed	10:30-11:30 am	\$80	SBTC
333030-05	6/15-7/13	Mon	6-7 pm	\$80	SBTC
333030-06	7/27-8/24	Mon	6-7 pm	\$80	SBTC

ADULT ADVANCED BEGINNING (18+ years)

Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333031-01	6/15-7/13	Mon	10:30-11:30 am	\$80	SBTC
333031-02	7/27-8/24	Mon	10:30-11:30 am	\$80	SBTC
333031-03	6/17-7/15	Wed	8-9 am	\$80	SBTC
333031-04	7/29-8/26	Wed	8-9 am	\$80	SBTC
333031-05	6/15-7/13	Mon	5-6 pm	\$80	SBTC
333031-06	7/27-8/24	Mon	5-6 pm	\$80	SBTC

ADULT INTERMEDIATE (18+ years)

Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333032-01	6/18-7/16	Thurs	5:30-6:30 pm	\$80	SBTC
333032-02	7/30-8/27	Thurs	5:30-6:30 pm	\$80	SBTC

CARDIO TENNIS (16+ years)

Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
334010-01	6/20-7/25	Sat	8:30-9:30 am	\$80	SBTC
334010-02	8/1-8/29	Sat	8:30-9:30 am	\$80	SBTC
334010-03	6/15-7/13	Mon	7-8 pm	\$80	SBTC
334010-04	7/27-8/24	Mon	7-8pm	\$80	SBTC

Senior Lunch Program

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a hot, nutritious meal Monday through Friday at the North Seal Beach Center, located at 3333 Saint Cloud Drive.

Besides maintaining the physical health of active older adults, the Lunch Program also works to enrich the emotional/physiological health of seniors by sponsoring a wide range of speakers, dances, games, health forums, and other social and educational activities. Meals, support services and transportation are available to all persons age 60+ on a donation basis.

The Center is open Monday through Friday, 8am-2pm. Lunch is served at 11:15am. For more information, please call (562) 430-6079 between the hours of 11am and 1pm. If you need transportation to the senior lunch program, arrangements may be made with the City's Dial-A-Ride transportation company. This shuttle service is available to and from the North Seal Beach Senior Lunch Program site which is located in the Rossmoor Shopping Center.

Shopper Shuttle

The Shopper Shuttle provides transportation to shopping centers throughout the City of Seal Beach. The Shopper Shuttle runs in North Seal Beach Monday through Wednesday 8 a.m. to 4:30 p.m., Thursday 8 a.m. to 2 p.m. and Friday 8 a.m. to 4:30 p.m. The Shuttle runs in Old Town and Seal Beach Pier Thursday 8 a.m. to 4:30 p.m. For more information and pickup locations, please call (562) 439-3699 or Public Works at (562) 431-2527 ext. 1317.

Senior Dial-A-Ride Program in Seal Beach

The Dial-A-Ride component of the program has traditionally offered to deliver a senior resident to any location within the three miles outside City Limits. Dial-A-Ride service is available Monday through Friday from 8 a.m. to 4:30 p.m. (no service Friday 8 a.m. to 2 p.m.) and can be utilized by calling (562) 439-3699 at least 24 hours in advance to schedule date, time, and location.

The service can be made for any reason such as doctor's appointments, retail/grocery shopping (within City of Seal Beach), and dining excursions (within City of Seal Beach).

Attention Leisure World Residents: The City's Dial-A-Ride Program will no longer allow users to make reservations for trips that begin at a user's home in Leisure World to another location inside Leisure World. Leisure World currently operates a shuttle service that transports residents throughout Leisure World.

Home Delivered Meals

For homebound individuals 60+ years of ages who are unable to shop and/or prepare meals for themselves, Community Senior Serv delivers three meals directly to their homes – a cold lunch, a frozen dinner, and breakfast items. These meals, which provide 100 percent of the U.S. Nutritional Recommended Dietary Allowance, are available five days per week. Suggested donation is \$4.50/day. For more information, call (714) 220-0224.

Drivers Needed to Deliver Meals

Help us bring smiles to the faces of older adults living in your community. We are in need of volunteer drivers to deliver meals to homebound elders in Seal Beach who are unable to cook and/or shop for themselves. Drivers are needed for one hour a day, Monday thru Friday between 10am and 1pm. On-call backup drivers are also needed in the event that a regularly scheduled driver is unable to deliver. To volunteer, call (714) 220-0224.

In Home Case Management

For older adults who are facing multiple problems, which they cannot resolve on their own, Community Senior Serv Case Managers are available to help them evaluate and find acceptable solutions to their individual needs. Referrals may be made by any concerned individual, physician, Social Service Worker, family member, neighbor, or the senior themselves, Monday through Friday, from 8am-5pm. For more information, call (714) 220-0224.

Friendly Companions

Community Senior Serv serves over 1200 frail, isolated, homebound older adults daily who are in need of companionship. Many homebound elders are lonely and do not or cannot reach out to others. If you find joy in making a difference and enjoy listening or talking, friendly visiting is the right volunteer opportunity for you. Volunteers visit in the home of the older adult and offer warmth, friendship and understanding to make life more meaningful. Volunteers play an important part in the elders well-being by helping to restore feelings of self worth, dignity and promoting independence. Volunteers are needed throughout Central, North and West Orange County. Families are encouraged to volunteer. Call (714) 220-0224 to volunteer.

Referral Assistance

This referral service directs persons 60+ to the appropriate agencies for specific needs. Call the Orange County Senior Information and Referral Line at (714) 567-7500 if you need assistance. This program is designed to provide seniors access to the many agencies and human service programs available that can assist with problems, legal information, nutrition programs and more.

Health Insurance Counseling and Advocacy Program (HICAP)

Trained counselors are available to assist seniors with Medicare rights and protections. They can help with HMO appeals, with information regarding Medi-Gap Plans and/or Long Term Care information. No fee. For more information, call 714-560-0424.

Senior Pinochle Club

Senior Center
707 Electric Ave.
Free – Drop in – Tuesday 9 a.m. - 3 p.m.

Person 50 years of age and older are invited. The club provides opportunities to meet new friends, develop new interests and socialize.

Medicare 101

Cesar Arteaga
Seal Beach Senior Center
707 Electric Ave

Learn about Social Security timeframes, how to enroll in Medicare, and the qualifications to receive Medicare. Learn about what Part A, Part B, Part C, and Part D consist of and what it covers and does not cover. The instructor will explain the options that Medicare beneficiaries have to get coverage for and what Medicare does not cover, such as Medicare Advantage plans, Prescription drug plans, and Medicare Supplement plans. Additional plans are also available for those who are receiving financial assistance or for those who have Medicare and Medi-Cal.

356040-01	1 day	Mon	7/13	10-11am	64+ yrs	Free
356040-02	1 day	Mon	8/3	10-11am	64+ yrs	Free

Map & Facilities

Amenity Key Updated December 2012

- Baseball Fields
- Basketball Courts
- Bike Racks
- Bleachers
- Classes Offered Here
- Community Center
- Community Garden
- Drinking Fountains
- Dugout Bench
- Gravel Parking Area
- Gymnasium
- Handball Courts
- Park Benches
- Paved/Striped Parking Spaces
- Pet Waste Dispenser
- Picnic Shelters
- Picnic Tables
- Portable Toilets
- Reservable
- Restrooms
- Soccer Fields
- Softball Fields
- Swimming Pool
- Swing Sets
- Tennis Courts
- Tetherball
- Tot Lot/Playgrounds
- Trash Receptacles
- Volleyball Courts



Map not to scale.

Park/Facility

L = Lit U = Unlit i = Indoor

1 Almond Park – 4600 Almond Ave. in College Park East	
2 Arbor Park – 4665 Lampson Ave. Behind the WestEd Facility, College Park East off Lampson Ave	
3 Arbor Dog Park – 4665 Lampson Ave. Behind the WestEd Facility off Lampson Ave	
4 Aster Park – Aster St. & Candleberry in College Park East	
5 Beach	
6 Bluebell Park – Almond Ave. & Bluebell St. in College Park East	
7 City Hall & Community Services Office – 211 8th St. on the 2nd floor in Old Town	
8 Corsair Park – Corsair Way in Bridgeport	
9 Edison Park – 99 College Park Dr. in College Park West	
10 Eisenhower Park – Ocean Ave. at Main St. in Old Town	
11 Electric Greenbelt – Runs along Electric Ave in Old Town	
12 Fire Station #48, Community Room – 3131 North Gate Rd.	
13 Gum Grove Nature Park – corner of Crestview & Avalon Dr. on the Hill	
14 Heather Park – Heather St. & Lampson in College Park East	
15 Los Alamitos Community Center – 10911 Oak St., Los Alamitos	
16 Los Alamitos/Rossmoor Library – 12700 Montecito Rd. (562) 430-1048	
17 Marina Park & Community Center – 151 Maina Dr. in Old Town	
18 McGaugh School (LAUSD) – 1698 Bolsa Ave. on the Hill	
19 North Seal Beach Center – 3333 St. Cloud Dr.	
20 Schooner Park – Schooner Way & Dory Way in Bridgeport	
21 Seal Beach Police – 911 Adolpho Lopez Dr. (562) 799-4100	
22 Seal Beach Senior Center/Mary Wilson Library – 707 Electric Ave. in Old Town	
23 Seal Beach Tennis Center/Club House – 3900 Lampson Ave (562) 598-8624 www.sealbeachtenniscenter.com	
24 Windsurf Park – Adjacent to the 1st St. Beach Parking Lot	
25 Zoeter Field – 12th St. & Landing Ave. in Old Town	

5 easy ways to REGISTER TODAY

1 MAIL IN

Select the class or classes you are interested in and complete the registration form. Please sign the consent section at the bottom. Mail the completed registration form with a check or money order (do not send cash) made payable to the City of Seal Beach, or your MasterCard or Visa number to:

City of Seal Beach
ATTN: Finance Department
 211 8th Street
 Seal Beach, CA 90740

If you would like to receive a confirmation receipt, please supply a self-addressed, stamped envelope with your registration or request that one be sent to your e-mail address.

2 WALK IN

Open Monday - Friday
 Registration in person at Seal Beach City Hall from 8 a.m. -5 p.m. Monday through Friday. Closed daily from 12-1p.m.

3 ONLINE

Register for classes from your home 24/7 and it's FREE! You can browse activities and facilities; view your history, reprint receipts, register for classes, renew your swim pass, print a household calendar and more!

If you have registered for any classes, camps, or swim passes through our department but have not registered online please call the Community Services Department for your user ID & password. Register online at: register.sealbeachca.gov

4 FAX

Register by fax with your Visa or Master Card. Fax us 24 hours a day at **(562) 430-3498**. Please have all of your information printed in ink on the form. Credit Card registration must be for amounts in excess of \$20.

5 E-mail

Scan and e-mail your registration to communityservices@sealbeachca.gov

Online Registration Begins May 4

Walk-in and Mailed Registration Begins May 11

Please register early to avoid class cancellations.

Submit Your Photos

Have you or your children participated in one of our classes and have high resolution digital photographs that you would like to submit for publication in the Seal Beach *Shoreline*? If so, you can email them to Dana at dengstrom@sealbeachca.gov.

Please include:

- Your name, address, and telephone number
- Names of those in the photographs and what activity is featured

The statement "I hereby irrevocably consent to and authorize the use and reproduction by the City of Seal Beach or anyone authorized by the City of Seal Beach of any and all photographs. These photographs may be used for any purpose whatsoever, without compensation."



Refund Policy

▶ Applications for refunds will be granted only if requested prior to the second class meeting and may be made in person, over the telephone, or by writing us. You will be refunded a prorated fee minus the \$5 admin fee for the class you attended.

▶ Refund checks will be mailed within three weeks following the request.

▶ If the Department cancels a class, before the start date, an automatic refund will be processed at no cost to the registrant.

▶ A \$26 Service Charge for any check returned unpaid may be assessed (closed account, NSF funds)

Access & Inclusion

In compliance with the Americans with Disabilities Act (ADA), the City of Seal Beach Community Services Department prohibits discrimination on the basis of race, color, national origin, age and disability in all of its programs. All are welcome to register and we encourage your participation. If you have special needs, please contact the Community Services Office at (562) 431-2527, ext.1344.

Community Services Department

City of Seal Beach

211 8th Street
 Seal Beach, CA 90740
 Office (562) 431-2527 ext. 1344
 Fax (562) 430-3498

Office Hours

Monday - Friday; 8am - 5pm
 (closed daily 12-1pm for lunch)

For Your Information: We share instructors and co-sponsor activities and classes to better serve YOU, our most important customer!

CONTENT: We make every effort to ensure the information in the Guide is accurate & up-to-date. We regret that occasional errors occur & we retain the right to amend information & fees.

City of Seal Beach
 CITY HALL
 211 8th Street
 Seal Beach, CA 90740

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History of SEAL BEACH

Seal Beach area originally known as "Anaheim Landing".



Incorporated as City of Seal Beach in October of 1915.

1864

1914

Seal Beach hosts the nations first "surf-board" competition at annual Minnesota Days Picnic.



1915

1916



Joy Zone opens with a roller coaster and

Anaheim Bay, Seal Beach Pier and Alamitos bay become favorite spots for rum-runners through the "Roaring 20's" and Seal Beach earns reputation as wide-open town.

1920's

various concessions. WWI restrictions, the 1919 Recession, 1923 fire and Prohibition effectively put Joy Zone out of business.

1927

1935

A storm washes out a forty-foot section of the pier in July of '35. The pier is rebuilt and celebrated in 1939.

William F. "Pops" Crawford leases land at the North-East corner of Bay and PCH to build an airport.



1942

1944

Jessie Reed voted Mayor of Seal Beach and first female Mayor in Orange County.



FIRST LADY at Seal Beach is Mrs. Jessie W. Reed, above, who led all candidates at last Tuesday's city election, and so become the first woman to serve on the Seal Beach city council.

Navy takes over Anaheim Landing area and constructs Weapons and Net Depot.

1962

A \$5 million plant is constructed on 39 acres of Navy Land in Seal Beach in order to assemble the Saturn Rocket that took Americans to the moon in 1969.



2014

Forbes Magazine names Seal Beach "4th friendliest town in America".